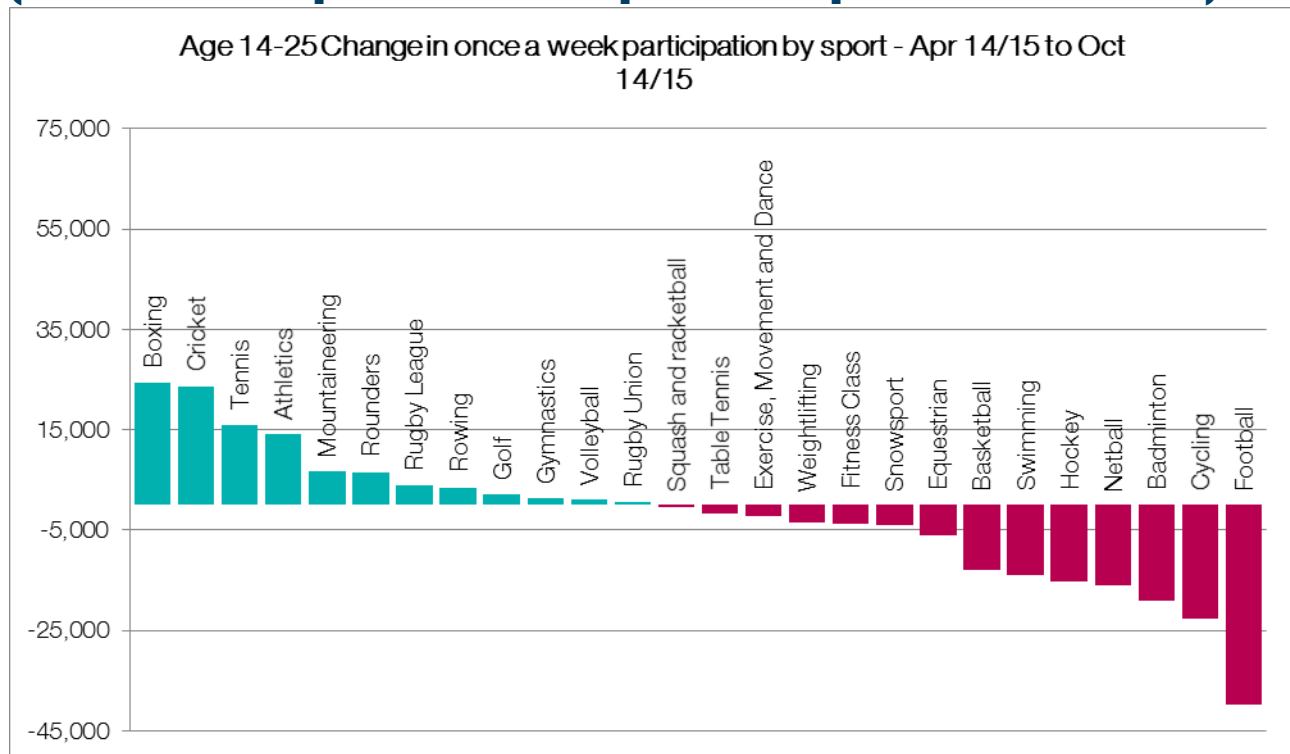


## Once a week participation in funded sports amongst people aged 14-25 years (October 2014 – September 2015)

Following the extension of the age range covered by APS, survey results now also include estimates of the percentage of people aged 14-25 years old playing sport. 2013-17 Whole Sport Plan targets continue to be judged using data for people aged 16 years and over.

### 6 month change in 14-25 year old once a week participation in funded sports (October 2014 – September 2015 compared with April 2014 – March 2015)

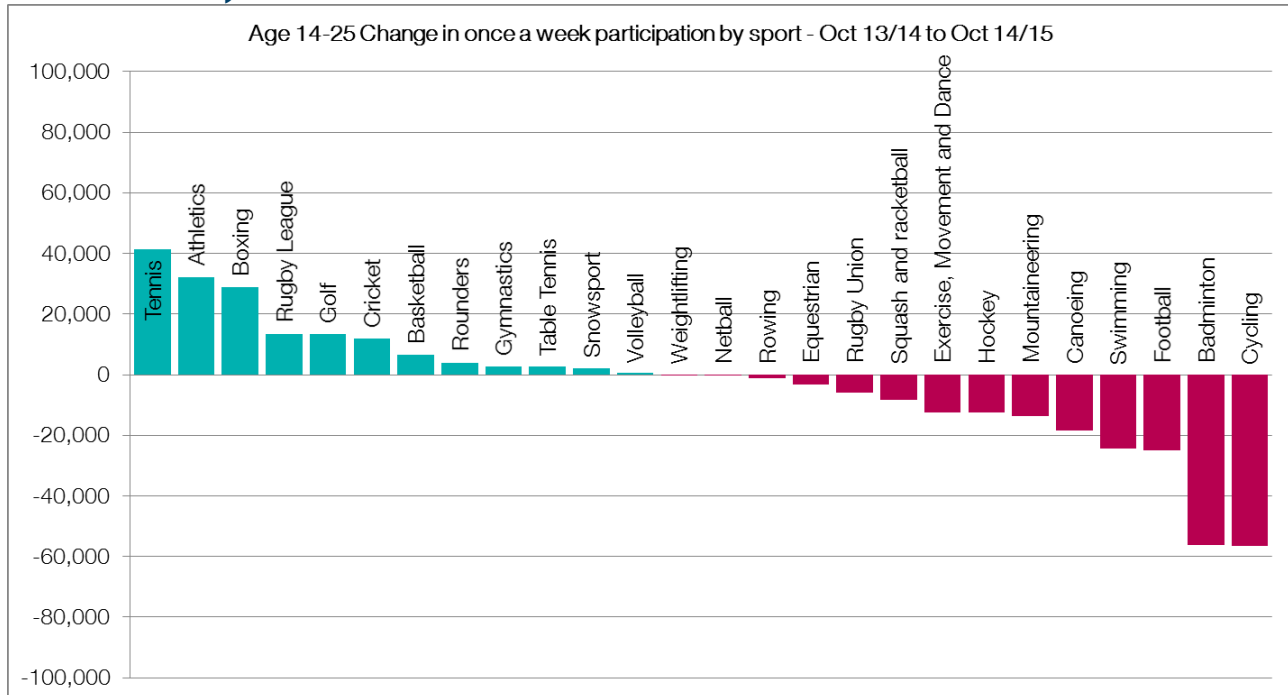


Source: Sport England's Active People Survey

Comparison of the latest, 6 month period (APS9: October 2014 – September 2015) with results for the period April 2014 – March 2015 (APS8Q3 – APS9Q2) shows that amongst 14-25 year olds:

- 12 funded sports have a positive change in participation
- 14 funded sports having a negative change

**12 month change in 14-25 year old once a week participation in funded sports (October 2014 – September 2015 compared with October 2013 – October 2014)**



Source: Sport England's Active People Survey

Comparison of the latest 12 month period (APS9: October 2014 - September 2015) with the 12 month period October 2013 – October 2014 (APS8) shows that amongst 14-25 year olds:

- 12 funded sports have a positive change in participation, including statistically significant increases for; boxing, golf, rugby league and tennis
- 14 funded sports having a negative change, including statistically significant decreases for; badminton, canoeing, cycling and mountaineering

## Once a week participation in funded sports (14-25 years)

Sport England NGB 13-17 Funded sports	APS7 (Oct 2012 - Oct 2013)		APS8 (Oct 2013 - Oct 2014)		Apr 2014 - Mar 2015		APS9 (Oct 2014 - Sep 2015)		Statistically significant change from APS 7
	%	n	%	n	%	n	%	n	
Football	16.09%	1,316,600	16.34%	1,316,200	16.61%	1,330,900	15.76%	1,291,100	No Change
Athletics	7.81%	642,300	8.03%	658,400	8.25%	676,400	8.44%	690,600	No Change
Swimming	7.56%	623,700	6.88%	565,100	6.74%	554,600	6.59%	540,600	Decrease
Cycling	5.74%	475,300	6.10%	501,300	5.68%	467,400	5.42%	444,800	No Change
Tennis	2.09%	171,600	1.76%	144,800	2.08%	170,300	2.26%	186,300	No Change
Netball	1.47%	119,800	2.28%	182,700	2.44%	198,400	2.21%	182,300	Increase
Basketball	2.10%	172,200	2.11%	173,300	2.37%	192,600	2.17%	179,800	No Change
Rugby Union	1.86%	152,800	2.24%	180,000	2.18%	173,500	2.11%	174,200	No Change
Badminton	2.09%	172,900	2.50%	205,300	2.05%	168,000	1.82%	149,000	No Change
Cricket	1.29%	104,800	1.35%	110,900	1.23%	99,100	1.49%	122,800	No Change
Equestrian	1.54%	126,900	1.52%	124,600	1.56%	127,400	1.48%	121,300	No Change
Exercise, movement & dance	1.67%	137,700	1.33%	109,200	1.21%	99,000	1.19%	96,800	Decrease
Boxing	0.94%	76,900	0.75%	61,500	0.82%	66,100	1.11%	90,400	No Change
Hockey	0.90%	74,600	1.13%	92,400	1.19%	95,100	0.97%	79,900	No Change
Gymnastics	0.85%	69,100	0.77%	61,500	0.77%	62,800	0.78%	64,200	No Change
Golf	0.74%	61,300	0.53%	44,000	0.67%	55,300	0.70%	57,400	No Change
Rugby League	0.69%	55,700	0.50%	40,600	0.61%	50,200	0.65%	54,100	No Change
Squash & racketball	0.58%	47,500	0.63%	51,600	0.53%	43,900	0.53%	43,400	No Change
Weightlifting	0.58%	47,900	0.52%	42,900	0.57%	46,300	0.52%	42,800	No Change
Rowing	0.32%	26,100	0.51%	41,700	0.45%	37,000	0.50%	40,500	Increase
Rounders	0.66%	53,600	0.44%	36,100	0.41%	33,500	0.48%	40,100	Decrease
Table Tennis	0.38%	31,100	0.43%	35,000	0.48%	39,400	0.46%	37,600	No Change
Mountaineering	0.35%	28,700	0.56%	45,100	0.30%	24,600	0.38%	31,400	No Change
Snowsport	0.26%	21,600	0.33%	27,200	0.40%	33,300	0.36%	29,200	No Change
Volleyball	0.35%	28,700	0.29%	23,700	0.28%	23,100	0.29%	24,200	No Change
Sailing	*	*	*	*	*	*	0.24%	19,300	*
Canoeing	0.17%	13,500	0.40%	33,100	*	*	0.18%	14,600	No Change
Angling	0.22%	18,500	*	*	*	*	0.13%	11,000	No Change

Source: Sport England's Active People Survey

## Notes

Unless otherwise stated, participation in each sport is defined as the number of 14-25 year olds in England who have taken part in the sport at moderate intensity for 30 minutes or more at least once in the last week (at least four days out of the previous 28 days). The latest results are based on interviews conducted between October 2014 and September 2015. 171,000 adults in England (age 14+) were interviewed by telephone.

Please note that this report highlights where changes are **statistically significant**. A statistically significant increase is indicated by 'increase', and a statistically significant decrease is indicated by 'decrease'. This means that we are 95% certain that there has been a real change (increase or decrease) in the participation rate. Where there has been no statistically significant change, this is indicated by 'no change'.

ONS population data from 2012 (APS7), 2013 (APS8 and April 2014-March 2015) and 2014 (APS9) has been used to provide population numbers.

For sports which have multiple disciplines, the following list highlights the disciplines currently included within each sport:

**Angling:** game fishing, coarse fishing, sea fishing, wheelchair sports - fishing

**Athletics:** athletics field, athletics track, running track, running cross-country/road, running road, running ultra marathon, jogging

**Badminton:** badminton - indoor, badminton - outdoor

**Basketball:** basketball - indoor, basketball - outdoor

**Canoeing & kayaking:** Canoeing & kayaking: canoeing, canoe polo, kayaking, whitewater kayaking, rafting

**Climbing & mountaineering:** climbing indoor, climbing rock, mountaineering, mountaineering high altitude, hill trekking, hill walking, bouldering, mountain walking

**Cricket:** Cricket (outdoors) - match, cricket (indoors) - match, cricket (outdoor) - nets / practice, cricket (indoors) - nets / practice, cricket - other

**Cycling:** Cycling is defined as adult participation at least once a week (four times in the previous four weeks), for 30 minutes at moderate intensity. Cycling includes recreational and competitive cycling (including BMX, cyclo-cross and mountain biking) but excludes any cycling which is exclusively for travel purposes only.

**Equestrian:** horse riding, dressage, pony trekking, show jumping, three-day eventing, trotting, polocrosse

**Exercise, movement and dance:** dance exercise, body jam, medau, zumba

**Football:** Football (indoors) – small sided (e.g. 5-a-side), football (indoors) - other, football (outdoors) – small sided (e.g. 5-a-side), football (outdoors) – 11-a-side, futsal, football (outdoors) – Other

**Golf:** full course, golf - short course / par 3 / pitch and putt, golf - driving range, golf – putting

**Gymnastics:** gymnastics and trampolining

**Hockey:** Hockey - field (indoor), Hockey - field (outdoor)

**Netball:** netball - indoor, netball – outdoor

**Rowing:** rowing - water based, rowing - indoor / rowing machine

**Rugby League:** Rugby league - 13 a side game, rugby league - tag rugby, rugby league - touch rugby, rugby league - other

**Rugby Union:** Rugby union - 15 a side game, rugby union – sevens, rugby union - tag rugby, rugby union - touch rugby, rugby union - other

**Sailing:** Windsurfing or Boardsailing, Jet ski-ing / aquabike / personal water craft, Sailing – dinghy racing (inc. multihull), sailing – dinghy cruising (inc. multihull), sailing – keelboat racing, sailing – keelboat cruising, sailing – yacht racing (inc. multihull), sailing – yacht cruising (inc. multihull), powerboat racing

**Snowsport:** Alpine skiing, freestyle skiing, Nordic skiing, snowboarding

**Squash:** squash and racketball

**Swimming:** all swimming and diving (indoor and outdoor), water polo, deep water swimming, open water swimming, deep water diving

**Table tennis:** table tennis - indoor, table tennis - outdoor, wheelchair sports - table tennis

**Tennis:** Tennis, wheelchair sports - tennis

**Weightlifting:** Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport