ON THE RIGHT TRACK
A guide to supporting student sports volunteering in higher education

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On the Right Track: A guide to supporting student sports volunteering in higher education

Introduction

Organised sport relies on volunteers. From the weekly commitment of running a local community sports club to playing important roles in staging some of England’s most prestigious sporting events, volunteers make a significant impact on the people who play sport and the likelihood of them continuing their sporting involvement in the future.

We know that 16–29-year-olds are more likely to volunteer in sport if they are in education. Based on the question, ‘In the last four weeks, have you done any voluntary sports work?’, Sport England’s Active People Survey 4 indicates that 9.1% of 16–29-year-olds who volunteered were in higher education (HE) compared with only 7.7% of non-students. According to the Sport England Higher Education and Community Sport Audit (December 2009), 55 universities (of the 64 respondents) had some form of volunteering on offer, with sport included, and 10 of these had projects dedicated to sport. HE is a great environment to encourage students to start or further develop their sports volunteering experiences so that they can not only support student sports participation at university, but also be better prepared for volunteering out in the community while still at university or when they leave.

The purpose of this resource is to offer some basic advice to assist you to set up and run a sports volunteering programme at your university, if you don’t already have this in place. It provides useful information as to where you can go to get further support and guidance, and also offers advice on how you can support your students in taking up sports volunteering opportunities. The resource includes some case studies from universities currently running sports volunteering programmes to give you some practical ideas for implementation.

If your university already has a volunteering programme, then this resource may help you review what you currently offer for sport. It may also encourage you to think about how you could improve the opportunities that currently exist or enhance elements of the programme.

The student resource complements this resource, and it is intended to be used to help guide and encourage students at your university to volunteer in sport. It could also be used to encourage students who are leaving university for employment to continue to volunteer in the community in the future.

Why should my university support student sports volunteering?

There are benefits that can directly impact on your university through supporting students to take part in volunteering, either within the university or in the community. If you already have a volunteering programme, you may have already realised some of these benefits:

Enhanced contribution to student employability – sports volunteering will enable your university to offer students real-life experiences in a workplace environment. Volunteering provides young people with new experiences and skills, as well as the opportunity to put into practice what they have
already learnt through their academic studies. This is a key motivation for young people to volunteer as it can set them apart from other candidates in a competitive job market.

**Support for sports activities** – sports volunteers could enable your university to increase its sports provision for students, at minimal expense. Wednesday afternoon sport is a key part of the student experience and relies heavily on student volunteering (or just ‘helping out’ as the volunteers themselves often see it), but these volunteers may really benefit from further support and training. There is also a great opportunity for students to volunteer and support intramural sports activities – see the Nottingham Trent case study (page 6) for further ideas.

**Enhanced student experience** – providing opportunities for your students to take part in sports volunteering may encourage them to be more engaged in university life by giving them more activities to be involved in on campus. It will enable them to work alongside and interact more with fellow students, all while having fun. This could have an impact on their motivation, behaviour and attendance, which may also have a positive impact on their academic studies.

**Enhanced community links** – supporting students to volunteer in local clubs, schools or other community organisations provides a great opportunity to strengthen community partnerships and raise the profile of your university locally, which may help to improve its reputation and attractiveness to prospective students.

**Being part of a sports volunteering pathway** – this will enable your university to be part of something bigger. Providing opportunities for students to volunteer may help them progress on a pathway from previous volunteering roles that they may have undertaken in school or in the community. It will also prepare them for future volunteering in the community.

### How can you provide volunteering opportunities at your university?

If you do not currently have any provision for volunteering at your university, you may want to start by asking the questions below. If you have a wider volunteering programme, these questions might help you think about how you could incorporate sports volunteering into this. Alternatively, you may already have a sports volunteering programme, and these questions may be useful for you in reviewing how your programme is going.

**Which of the benefits above do I want to achieve?**

It is good practice to be clear about the outcomes you wish to achieve from setting up volunteer opportunities so that the impact can be more easily measured.
Who is best placed to lead on this area of work, and will they need assistance from other staff members in supporting new sports volunteers?

It is important to identify someone to lead on this work – this may be a member of the sports department, or another academic department, who has an interest and experience in leading sports activities, as well as being able to motivate others. You may have a member of staff who already has experience in setting up volunteering opportunities. Alternatively, you might like to create new paid or volunteering posts for volunteer coordinators (see page 4 for further information) to assist in running a programme.

If I want to increase the sports provision for students at my university, what workforce do I need? Could students fulfil any of the roles required?

Think about the competitive and intramural sports activities that are currently provided but are oversubscribed, or those that you would like to provide but currently cannot due to lack of staff, time or capacity. If students could help fulfil some of these roles, consider what might need to be put in place to enable them to deliver the sports activities; for example, training for staff or students to mentor volunteers or for students to be able to officiate or coach effectively.

Do I have any community partners that may be able to provide volunteering opportunities, and how do I ensure these are high quality placements?

You may have links with local sports clubs that need help. Your local county sports partnership (CSP) may also be able to help you identify high quality volunteering placements. Further information about organisations providing opportunities and support can be found on pages 8–11.

Do I have any students who already volunteer in community sport or have previous sports volunteering experience?

If you are not aware of your students’ volunteering experiences, find out by talking to them or perhaps by conducting a questionnaire. These students may be interested in helping to organise university sports activities or may like to support fellow students in volunteering.

How do I ensure my students will be volunteering in a fun, positive and safe environment?

Everybody should have a safe and enjoyable experience in sport. Before you start a new volunteering programme, or if you are reviewing an existing one, ensure placements are appropriate, accessible and safe. Talk to your students about who they will be responsible to in their placement, how they should be treated, and where they can go if they need help. If you are brokering community placements, your CSP or local Volunteer Centre should be able to recommend a placement that meets minimum requirements or standards, such as Clubmark accreditation. Many providers of volunteer placements will now want to find out about students’ suitability and qualifications and will require them to have a Criminal Records Bureau (CRB) check if they are over 18 and volunteering with young people. Visit the Child Protection in Sport Unit website – www.thecpsu.org.uk – for further information. It is recommended as good practice that you and your volunteers attend training courses in safeguarding and protecting young people and vulnerable adults, and basic first aid.

What types of volunteering can students get involved in?

There are a range of volunteering roles that students could take up either at your university or in the community, perhaps at a local club, school, youth organisation, holiday scheme or inclusion and disability sessions. New volunteers may prefer to begin volunteering in sport with a younger age group as they may feel more confident leading those younger than themselves. Depending on a student’s age and experience, leading a group of fellow students or those older than themselves can be quite daunting. If your students have volunteered before, however, this may be the time to challenge them to volunteer with a different age group of people, such as their fellow students. This will provide them with added responsibility and a new experience, and help them improve their confidence. Think about what you would like to achieve through your volunteering programme and then consider the following sports volunteering roles and decide if these are relevant or appropriate to your university and students:
Leading activities – organising, planning, assisting and/or leading activities, leagues, competitions and events.

Coaching – helping with the selection, preparation, instructing and performance of teams.

Team manager/coordinator roles – assisting with the recruitment of participants, logistical arrangements for competitions and fixtures, and confirmation of results.

Officiating/refereeing – assisting or leading officiating.

Media – promoting activities, events or organisations via social media sites or by setting up websites, writing match reports, taking photos, liaising with student media groups to provide footage for internal TV or radio stations.

Event management – effectively and efficiently planning and managing a successful sports event, ensuring it runs smoothly, on time and on budget, and is enjoyed by all, either internal to the university or linking to larger national events organised by other agencies.

Club committee roles – primarily club captain (overall organisation of the club and delegation to committee), secretary (minute taking, arranging meetings), treasurer (keeping an eye on the budget), team captain, social secretary, kit manager, sponsorship officer.

Sport science support – applicable to those studying this area, there may be the opportunity to work alongside sports clubs to offer support such as video analysis, testing, and strength and conditioning support.

International volunteering – some universities have links with projects based abroad either via sports development or academic departments, or through the students’ union. This can offer unique opportunities for volunteers to coach in challenging settings, while learning about new cultures and experiences.

Volunteer Coordinators

You may well be in a position where you have plenty of willing student volunteers, but lack the capacity or time to be able to effectively deploy them. Some universities now offer opportunities to become a volunteer coordinator. This role would often be geared towards a more experienced student, perhaps in his or her second or third year of study, or even a recent graduate, who may be able to commit more time and would be looking for further experiences and development opportunities.

Volunteer coordinators can carry out a number of roles, such as:

- planning and identifying the number of volunteers needed to deliver programmes as part of the sports department or within a club’s development plan
- recruiting volunteers and providing support, including training and matching the volunteers to the right roles
- making links with volunteer organisations and programmes, such as the local Volunteer Centre
- communicating regularly with volunteers and providing feedback on their roles
- raising the profile of sports volunteering at the university
- talking to club members or sports participants to find out their interests, knowledge and skills
- being the contact person for volunteers and volunteering matters
- thanking/rewarding volunteers
- mentoring new volunteers.


Some of the volunteering roles outlined above may already exist at your university or may need to be created. Alternatively, you may decide that some opportunities could be found in local community sports clubs and organisations.

There are a number of ways to extend and develop existing volunteering programmes, rather than creating something new. For example, a volunteering project based around coaching individuals could look to incorporate officiating too, in order to extend the opportunity to more students and help increase competitive sports opportunities. By broadening the range of opportunities available to include roles such as media officer, event coordinator and less traditional coaching opportunities, your project could become more engaging to a wider audience. Once you have decided where the volunteering opportunities are, you may need to think about the
training needs of your potential volunteers. You could use the Volunteer Checklist in the On the Right Track student resource to help you find out where your students’ strengths and weaknesses lie and what sort of volunteering roles they might like to try.

**What sort of training is available?**

A range of generic courses are available to support sports volunteering, such as Sports Leaders UK Awards, governing body of sport coaching and officiating qualifications, first aid, safeguarding children and vulnerable adults, and running sports workshops. These could be supplemented by tailored courses, such as event training, briefings or familiarisation sessions.

running sports and British Universities & Colleges Sport (BUCS) have developed training resources specifically for club committees, which can be tailored for each institution. BUCS will also be able to help you find a training course that is right for your volunteers. Student unions can be an excellent source of training, often linking to other student development activities. Information about organisations who may be able to provide further advice is provided on pages 8–11.

**How can you encourage and support your student volunteers?**

There is a wealth of information available on good volunteer management practices. Below is a summary of some of the key principles for all types of volunteering (not just in sport), known as the four Rs, which is a useful guide whether you already have a volunteering programme or are thinking about starting one up:

**Recruitment**

- Ensure the volunteer placements are attractive, accessible and safe.
- Advertise available placements using posters on noticeboards, leaflets and the university website, or if you already use social networking sites to encourage participation in sport, why not use these for promoting volunteering? The On the Right Track student resource could be a useful tool too.
- Conduct an initial audit of students’ skills and the abilities of potential volunteers in order to match their skills to the needs of your university or volunteering programme. You may wish to use the Volunteer Checklist in the On the Right Track student resource.
- Remember the less sporty students who may be interested in volunteering using IT or media skills for sport (eg web design, photography).
- Be clear about what the roles are and how much time commitment is required – many sports clubs now have volunteer role descriptions. Visit www.runningsports.org/club_support/all_resources/ga_role_outlines for some sample role outlines.
- Be mindful of limitations such as course deadlines and transport.

**Retention**

- Ensure you undertake a full induction to explain the role, requirements and support on offer, such as mentoring or training opportunities. Visit www.volunteering.org.uk/resources/goodpractice/Core+Themes/recruitment/volunteerinductions for further information on volunteer inductions.
- Ensure volunteers know who to speak to if they have any problems or issues.
- Respect volunteers’ time by using it effectively.
- Ask volunteers and placements for feedback to constantly monitor quality.
- Reimburse out-of-pocket expenses where possible, but make students aware that there may be a limit for these.

**Reward and Recognition**

- Always say thank you!
- Give priority to volunteers to attend coaching and other development courses.
- Ask your CSP about governing body of sport or regional recognition schemes and awards, and make sure you nominate outstanding volunteers and let them know you’ve nominated them!
- Raise volunteers’ profile via websites, social media, blogs and case studies that are promoted far and wide.

**University sports volunteering programmes**

Many universities now have volunteering programmes that include sport or are sport focused, sometimes based in student unions and sometimes organised via the sports development team or academic department. A variety of partnerships are also developing between universities and other
organisations, such as community sports clubs, governing bodies of sport, schools and international projects, leading to new and exciting volunteering opportunities for students to gain further experience.

Two different examples are detailed below:

**Nottingham Trent University (NTU) – No Excuses Netball Umpires Project**

**What is different about this delivery?**
It is a project based around officials rather than the traditional coaching format and aims to:

- increase the number of netball umpires within the NTU netball club
- give current unqualified umpires the opportunity to get a formal qualification
- expand the umpiring workforce for No Excuses Netball (internal recreational league)
- provide umpires with the necessary qualifications to increase opportunities for paid work.

**How did the university develop this approach?**
In January 2010, NTU applied for a BUCS/Kukri netball grant to run an umpires course at NTU for students. The course was promoted to students through the netball club and the recreational league called No Excuses Netball. The club is made up of four BUCS teams and a further 12 No Excuses Netball teams of recreational netballers. The No Excuses Netball league is made up of 14 teams split into two divisions and is umpired by officials provided by the Sport and Lifestyle Department (also members of the NTU netball club).

The course was run in April 2010, and 13 students attended, each paying £20. It was agreed that if each individual umpired two No Excuses Netball matches before the end of the current academic year, he or she would receive the course fee back. All 13 students did this, so they effectively got a free course. The BUCS/Kukri funding was used to cover the cost of the course tutor and resources.

**Evidence of success**
There are now 13 qualified umpires available to work for NTU, umpiring both BUCS fixtures and No Excuses Netball fixtures. This has given the 13 students the opportunity of paid work, NTU an officials workforce to call upon, and their recreational league now has qualified umpires for all games. They have now built this into their sports development plan and intend to run a similar scheme on an annual basis to ensure there are always a sufficient number of qualified umpires.

**Why is it working?**
The funding has helped deliver this course, but the success of this project is really down to the dedication of the students themselves.

**What is the university doing to make it work even better?**
- Building more relationships with other governing bodies of sport in order to deliver similar projects.
- Ensuring this project becomes a sustainable part of the sport development plan for the university.
- Looking to secure more funding in order to develop further students.

For more information, visit: www.ntu.ac.uk/current_students/while_here/init8_volunteering/

**St Mary’s University College, Twickenham – SIMM Sport Coach Education Volunteering Programme**

**What is different about this delivery?**
It is a student-based workforce that has been trained, is qualified and is delivering voluntary and paid hours in order to support young people in community sport.

**How did the university develop this approach?**
Sessions are set up and managed by the Sports Development Officer (SDO) and coaching is provided by students. The SDO takes care of administration, marketing and communication with parents, coach recruitment and retention. The coaches are responsible for the content of the sessions and all preparation. Gymnastics and athletics started a number of years ago and have
grown, with more sessions and coaches coming online. Rugby and basketball are relatively new. They have been developed with the help of local sports clubs that share the aim of providing high quality coaching for young people.

SIMM Sport has recently started to fund student coaches through governing body of sport qualifications in return for voluntary coaching hours in the sessions. Most of this is focused on a Coach Education Week that takes place during the university’s Personal and Professional Development Week. It is a good time to run the governing body of sport courses as the students are present but not in lectures, and the facilities are more accessible than during the semester.

Links have been developed within the university, and the project is working with the academic schools. Programme directors are keen for their students to be filling their CV with worthwhile activity and therefore encourage their students to get involved. The School of Education has also brought in some of its trainee teachers to provide activities during the holiday camps. The projects have been supported by the council’s Sports Development Team, Pro Active South London and the local school sports partnership (SSP), all of which have provided funds to the project. Funding has also been received from Aim Higher and the Youth Sport Trust. The project has received support from the relevant governing bodies of sport in developing its coach education offer, and a successful bid was also made to the university’s own Innovation Fund, which provided some initial funding to get basketball up and running.

**Evidence of success**

- Over 350 young people involved in weekly sport on campus.
- Over 30 voluntary coaches recruited (many of whom will become paid coaches once they have gained the qualification).
- Qualified and motivated student workforce that can be deployed to help other projects or events (eg St Mary’s Classic Athletics Meet, GB Handball Fixtures, London Youth Games).
- Positive feedback from where SIMM Sport students are deployed.
- Utilising the facilities during quiet times by scheduling activities (important in the summer).
- Income from funding bodies to deliver sporting activity and income from parents for club membership.

**Why is it working?**

Dedicated members of staff, fantastic partnerships and links with community clubs and governing bodies of sport, a motivated student workforce, a focused coach education week used to train and qualify the students, plus further coaching opportunities for students to develop and progress.

**What is the university doing to make it work even better?**

Building more relationships with community partners, creating stronger partnerships with current partners and looking to secure more funding in order to develop further students.

For more information, visit: [www.smuc.ac.uk/sport/community/simmsport/index.htm](http://www.smuc.ac.uk/sport/community/simmsport/index.htm)
Programmes to support volunteering opportunities

Places People Play is a £135 million initiative that has been made possible by the government’s National Lottery reforms and will bring additional funding into grass-roots sport. It will be delivered by Sport England, in partnership with the British Olympic Association, the British Paralympics Association and with the support of the London Organising Committee of the Olympic Games. It will bring the inspiration and magic of a home Olympic and Paralympic Games into the heart of local communities, encouraging more people to get involved in sport.

To find out more about the following programmes – Sport Makers and Sportivate – in your area, the first stop should be to get in contact with your CSP to learn how to get involved and understand local timescales for planning and delivery.

The Sport Makers programme is part of the People strand of Sport England’s Mass Participation Legacy programme Places People Play. This project will use the inspirational pull of The London 2012 Olympic and Paralympic Games to recruit, train and deploy 40,000 new sports volunteers aged 16 years and over to make sport happen across the country. Volunteers will have a positive and inspiring introduction to the world of sports volunteering via a
series of workshops delivered locally by a training provider and in conjunction with a CSP. Sport England anticipates that many will continue to give of their time, further increasing sport participation long after the 2012 Games are held in the UK.

Sport Makers will be fully inclusive and target participants including people who have a disability, both males and females, and participants from black and minority ethnic (BME) groups.

Colleges and universities could play a significant role in Sport Makers as the programme is aimed at volunteers aged 16 years and over, and increasing participation opportunities for the same age group. Working with your local CSP, the two main ways that further education (FE) and HE could be involved in the programme are:

1. Provide volunteering deployment opportunities in and around your college or university for new Sport Makers and post these on the CSP’s system. If you have been successful in the Active Universities funding round, consider how Sport Makers may be able to help you deliver your project.

2. Encourage students and staff who have not volunteered in sport before to become Sport Makers. This would be a great way to hook them in to sports volunteering – using the inspiration of the London 2012 Games. Consider how you could link your Sport Makers into other 2012 initiatives in and around your college or university, to help promote sport and volunteering more widely.

One of the outcomes of Sportivate will be the creation of more opportunities for the growth and deployment of coaches and volunteers, which could include a wide variety of roles. Working with your local CSP, colleges and universities are likely to play a significant role in Sportivate because of the 14–25-year-old age range.

Where can you get more advice and support?

CSPs
There are 49 CSPs covering England. They are local networks of local authorities, governing bodies of sport, clubs, schools and SSPs, primary care trusts and other local agencies committed to working together to increase participation in sport and physical activity.

Your CSP may be able to offer you support in providing volunteering opportunities for your students by helping to broker volunteering placements, link with governing bodies of sport at a local level and coordinate volunteer training courses and qualifications, signposting to local wider volunteer management support and through Sportivate and Sport Makers as above: www.cspnetwork.org/en/your_csp/

British Universities & Colleges Sport (BUCS)
Volunteers are fundamental to the delivery of sport within the HE sector. BUCS has begun to undertake research that will help identify the training and development requirements of student volunteers and those working in HE sport. These findings will support the development of tools and training in order to upskill the current HE workforce.

Models of good practice are being identified in areas such as volunteer projects, workforce development and coach education. The models of good practice tool highlights the many successful projects within the sector and allows others to learn from them. More information about this can be found at: www.bucs.org.uk/mgp
Local, national and international volunteering opportunities have been developed, working in partnership with universities and national partners.

BUCS has also started to consult with national organisations to identify where programmes and projects can support and map into the work within universities. An example of this is Sports Leaders UK, which is currently undertaking an exercise to identify how its training and qualifications support the workforce and volunteering objectives of BUCS.

**Governing bodies of sport**

Talk to your local CSP to find out how governing bodies of sport could help provide training, coaching qualifications and volunteering placements for students in community clubs, and a workforce from community clubs for university sports activities and events. This could benefit your university by providing more qualified coaches and officials and more volunteers to help support university sports provision. High profile governing body of sport events may also be offered within existing sports volunteering programmes as a reward for voluntary hours, therefore raising the profile of student volunteering.

**The Sport England Small Grants Programme**

The Sport England Small Grants Programme uses Lottery funding to make awards of between £300 and £10,000 to not-for-profit organisations to deliver new community projects to either grow or sustain participation in sport or support talent development: www.sportengland.org/funding/small_grants.aspx

**Further opportunities and useful information**

The National Union of Students (NUS) is the national voice of seven million students across the UK. To ensure students can make the most of the London 2012 Games, the NUS has developed ‘Student Ambassadors: Be a Champion’, an innovative new project, funded by Coca-Cola and the Higher Education Funding Council for England (HEFCE), and inspired by the 2012 Games.

Student Ambassadors: Be a Champion will recruit and deploy at least 100 student ambassadors who will join a network of students and students’ unions across the country who will be trained, through a bespoke regional training programme, and supported on ways to engage with the 2012 Games. The project will include an online portal – http://london2012.nus.org.uk – to enable students to find out all the different ways they can engage with the 2012 Games.

The Child Protection in Sport Unit (CPSU) is a partnership between the NSPCC and Sport England. Its mission is to build the capacity of sport to safeguard children and young people in and through sport and to enable sports organisations to lead the way in keeping children safe from harm. The CPSU aims to provide sports organisations with information and advice on safeguarding issues, coordinate the production of safeguarding information and training, support the coordination of research and evidence in child protection in sport, and develop and promote standards for safeguarding and protecting children in the sports sector: www.thecpsu.org.uk

runningSports – created and funded by Sport England, runningSports supports sports volunteers and the people who manage them and does everything it can to make sure clubs not only survive, but also grow and thrive: www.runningSports.org.

SkillsActive is the Sector Skills Council for Active Leisure, Learning and Well-being. You can find out more about the skills, qualifications and training people need to work and volunteer in sport here: www.skillsactive.com

You can also use their interactive careers website, which contains information on job profiles, case studies and employers: www.skillsactive.com/careers

Sports coach UK is the central agency for coaching, supporting other partners at a national, regional and local level to recruit, develop and retain the sports coaches needed to achieve their goals. It provides a central UK source of coaching expertise, drives cross-sport coaching initiatives, promotes good practice and develops coach education and support services. sports coach UK also creates partnerships with HE and FE in order to share research and best practice in coaching excellence: www.sportscoachuk.org

StreetGames is the only national charity dedicated to developing sport with disadvantaged communities and making sport accessible to young people, regardless of their social circumstances.

StreetGames helps individuals develop their sports and leadership skills through participation and volunteering, fulfil their ambitions and help bring communities closer together via sport. The Co-operative StreetGames Young Volunteers programme is delivered by StreetGames to help local projects develop volunteering opportunities and
enhance the quality of volunteering opportunities on offer to young people in the community. StreetGames is keen to develop this programme within HE and FE institutions to help enhance their offers to students: www.streetgames.org/www/volunteering

Volunteering England is an independent charity and membership organisation committed to supporting, enabling and celebrating volunteering in all its diversity. Its work links policy, research, innovation, good practice and programme management in the involvement of volunteers. It has a diverse membership drawn from the public, private, voluntary and community sectors. Its dedicated Infrastructure Team works with the FE and HE sectors to strengthen student volunteering, as well as supporting Volunteer Centres, business and local support services for sports. To find out more, visit: www.volunteering.org.uk

Volunteer Centres are local organisations providing support and expertise within the local community to potential volunteers, existing volunteers and organisations that involve volunteers. Volunteer Centres are often a good place to start looking for volunteering opportunities in the local area. They can find out what you are interested in doing, and try to match you with a suitable volunteering role with a local charity or voluntary organisation. Find your local Volunteer Centre here: www.volunteering.org.uk/WhatWeDo/Local+and+Regional/VolunteerCentreFinderGoogle.htm

Sports Leaders UK is a charity and awarding body delivering sports leadership awards and qualifications to 200,000 people a year through schools, colleges, universities, local authorities, prisons and community groups. Sports Leaders UK awards and qualifications enhance academic study programmes, enabling students in both FE and HE to develop and demonstrate skills that go beyond leading sport. In the current competitive employment market, it is now more important than ever for students to demonstrate what they can do beyond academic qualifications. Across the UK, Sports Leaders help to provide an important link between colleges and local communities, with volunteering in a wide variety of settings. The Level 3 Certificate in Higher Sports Leadership also has UCAS points to enhance any university application. To find out more, see: http://sportsleaders.org

Do-it aims to make volunteering easy. Its database connects people, communities and organisations to inspire positive social change. Searchable by postcode, area of interest or type of activity, Do-it matches potential volunteers with local opportunities in whatever activity interests them. With over 1.6 million searches a month and one volunteer application every minute, Do-it is the one-stop shop for volunteering. Do-it is run by the registered charity YouthNet. There are lots of ways you can advertise your opportunities on Do-it. To find out more, contact: http://do-it.org.uk partnerships@youthnet.org

v – the national young volunteers service is an independent charity dedicated to helping young people volunteer in ways that matter to them. Since its launch in May 2006, v has worked with over 500 charities and community organisations to create over one million youth volunteering opportunities. Their website makes it easy for young people to find information about volunteering opportunities: http://vinspired.com

Workers in Student Community Volunteering (WiSCV) is a support network for anyone working in front-line community volunteering projects in FE or HE. The network encompasses both front-line student volunteer workers and those working with staff volunteers in FE and HE institutions, as a networking forum: www.wiscv.org/
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