

APPENDICES

ACTIVE LIVES CHILDREN AND YOUNG PEOPLE SURVEY

ATTITUDES TOWARDS
SPORT AND PHYSICAL
ACTIVITY (ACADEMIC YEAR 2017/18)

Published March 2019

APPENDICES 1-4

Drivers analysis seeks to understand the impact of the five attitudes, both individually and together, on physical wellbeing, mental wellbeing, individual development and social and community development.

See the notes page of the main report for further details.

Full details of the drivers analysis is presented in the appendices as follows:

APPENDIX 1

- Years 3-6: Drivers of minutes of activity at school
- Years 3-6: Drivers of minutes of activity outside school
- Years 7-11: Drivers of minutes of activity at school
- Years 7-11: Drivers of minutes of activity outside school

APPENDIX 2

- Years 3-6: Drivers of mental wellbeing
- Years 7-11: Drivers of mental wellbeing

APPENDIX 3

- Years 3-6: Drivers of resilience
- Years 7-11: Drivers of resilience

APPENDIX 4

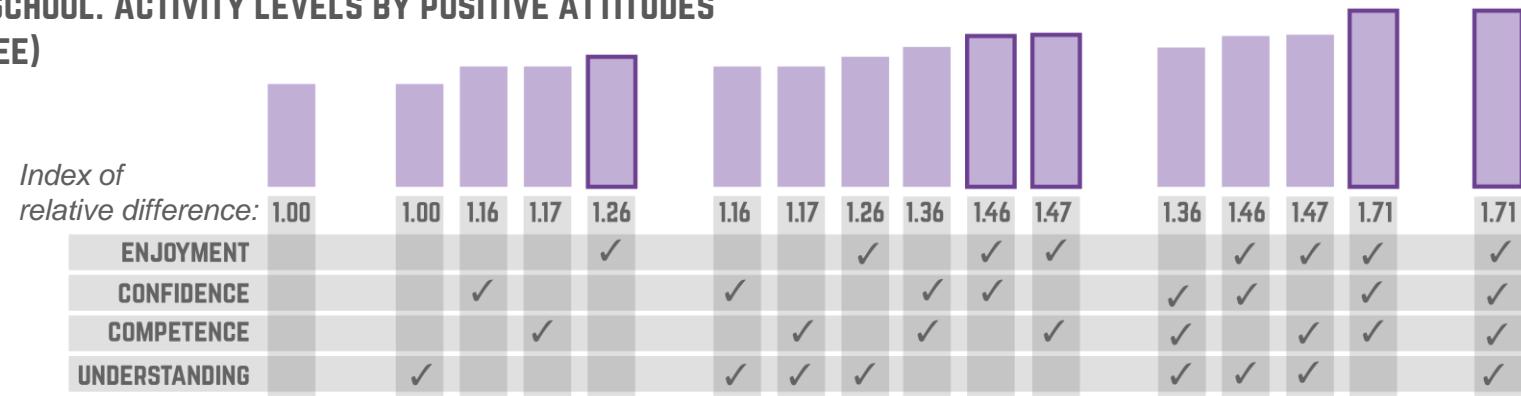
- Years 3-6: Drivers of social trust
- Years 7-11: Drivers of social trust

APPENDIX 1 – DRIVERS OF ACTIVITY LEVELS

The charts below present the full findings of the drivers analysis looking at the impact of attitudes on minutes of activity, split between primary (Years 3-6) and secondary (Years 7-11) and for minutes of activity at school and outside school. The ticks in the table represent which attitudes are present. The numbers indicate the relative difference in minutes of activity.

- With the exception of Years 7-11 at school, enjoyment (darker outlines) has a greater impact than the other attitudes.

YEARS 3-6, AT SCHOOL. ACTIVITY LEVELS BY POSITIVE ATTITUDES (STRONGLY AGREE)



Relative difference in minutes of activity



YEARS 3-6, OUTSIDE SCHOOL. ACTIVITY LEVELS BY POSITIVE ATTITUDES (STRONGLY AGREE)



Relative difference in minutes of activity



APPENDIX 1 – DRIVERS OF ACTIVITY LEVELS

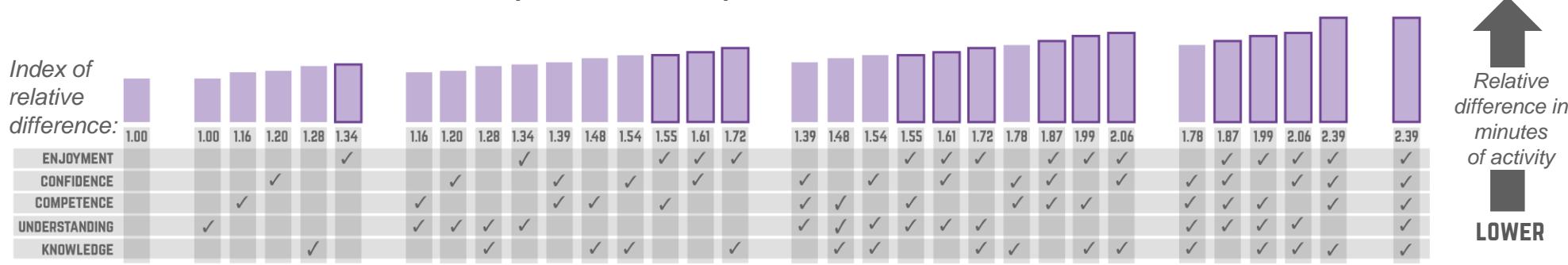
YEARS 7-11, AT SCHOOL

ACTIVITY LEVELS BY POSITIVE ATTITUDES (STRONGLY AGREE)



YEARS 7-11, OUTSIDE SCHOOL

ACTIVITY LEVELS BY POSITIVE ATTITUDES (STRONGLY AGREE)

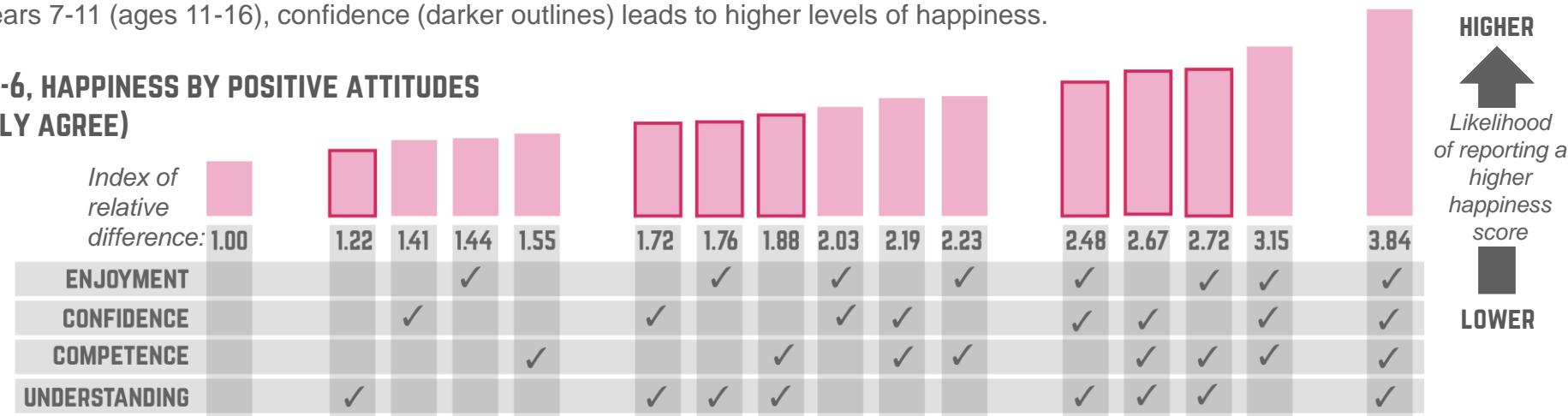


APPENDIX 2 – DRIVERS OF MENTAL WELLBEING

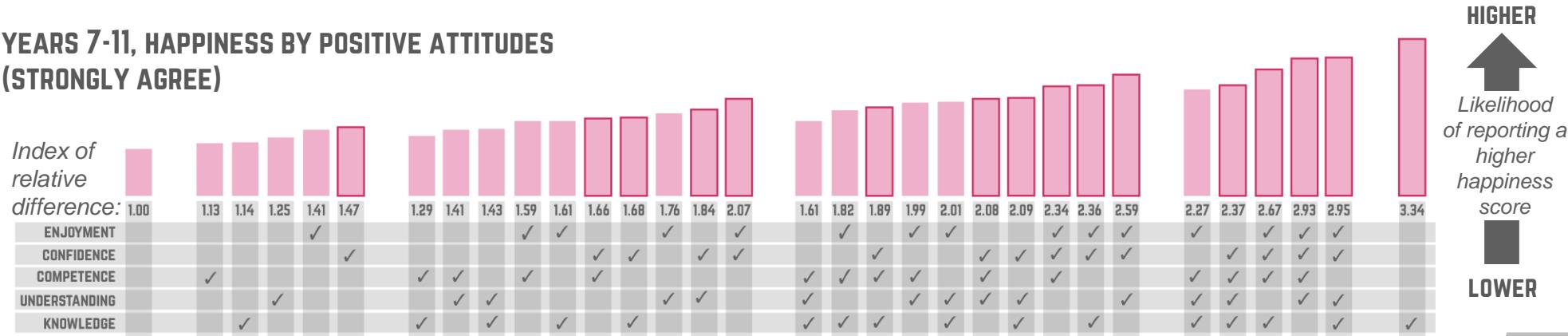
The charts below present the full findings of the drivers analysis looking at the impact of attitudes on happiness, split between primary (Years 3-6) and secondary (Years 7-11). The ticks in the table represent which attitudes are present. The numbers indicate the likelihood of reporting a higher happiness score.

- For Years 3-6 (ages 7-11), understanding (darker outlines) has less impact than the other attitudes.
- For Years 7-11 (ages 11-16), confidence (darker outlines) leads to higher levels of happiness.

YEARS 3-6, HAPPINESS BY POSITIVE ATTITUDES (STRONGLY AGREE)



YEARS 7-11, HAPPINESS BY POSITIVE ATTITUDES (STRONGLY AGREE)

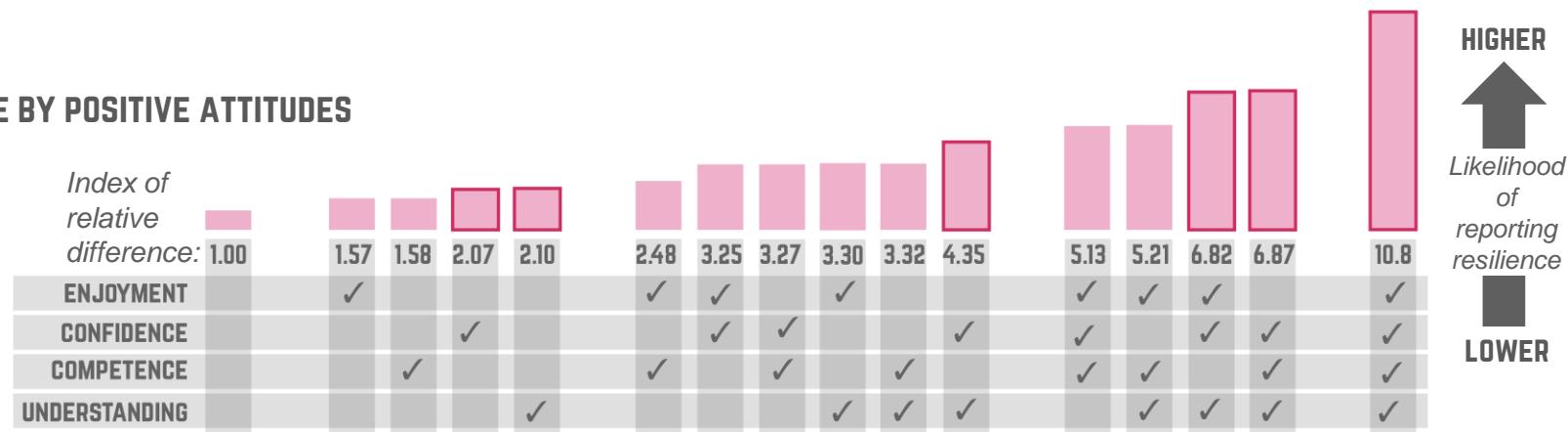


APPENDIX 3 – DRIVERS OF RESILIENCE

The charts below present the full findings of the drivers analysis looking at the impact of attitudes on resilience, split between primary (Years 3-6) and secondary (Years 7-11). The ticks in the table represent which attitudes are present. The numbers indicate the likelihood of reporting resilience.

- For Years 3-6 (ages 7-11), confidence and understanding (darker outline) have a greater impact than the other attitudes.
- For Years 7-11 (ages 11-16), knowledge (darker outline) leads to higher outcomes.

YEARS 3-6, RESILIENCE BY POSITIVE ATTITUDES (STRONGLY AGREE)



YEARS 7-11, RESILIENCE BY POSITIVE ATTITUDES (STRONGLY AGREE)

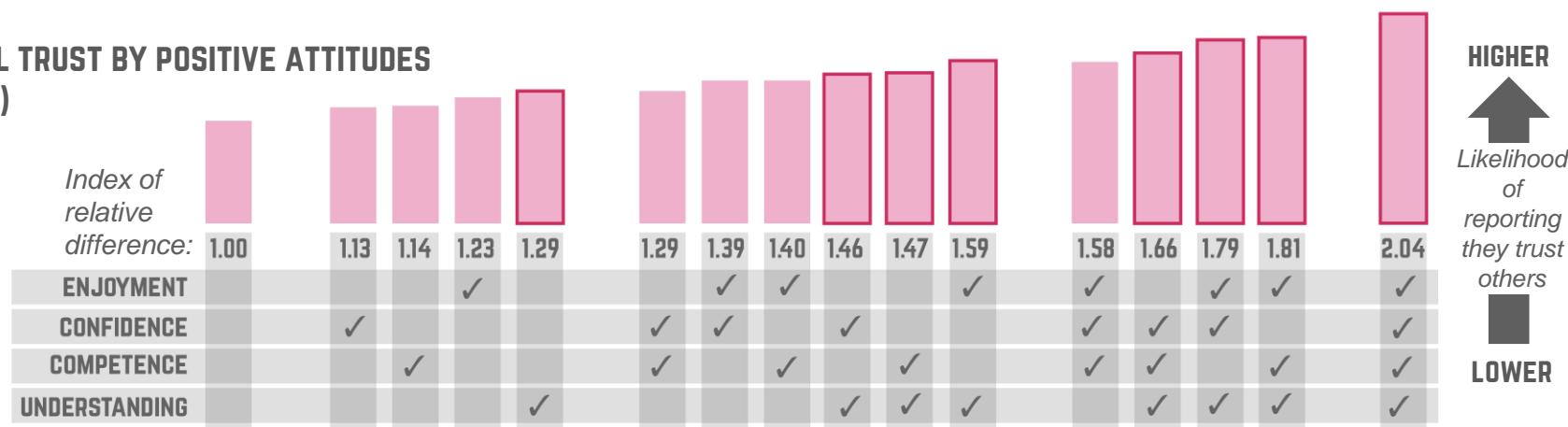


APPENDIX 4 – DRIVERS OF TRUST

The charts below present the full findings of the drivers analysis looking at the impact of attitudes on social trust, split between primary (Years 3-6) and secondary (Years 7-11). The ticks in the table represent which attitudes are present. The numbers indicate the likelihood of reporting they trust others.

- For Years 3-6 (ages 7-11), understanding (darker outline) has a greater impact than the other attitudes.
- For Years 7-11 (ages 11-16), confidence and knowledge (darker outline) have a slightly higher impact than the other attitudes.

YEARS 3-6, SOCIAL TRUST BY POSITIVE ATTITUDES (STRONGLY AGREE)



YEARS 7-11, SOCIAL TRUST BY POSITIVE ATTITUDES (STRONGLY AGREE)

