Taking part in sport once a week – the numbers

APS10Q2
(Apr 2015–Mar 2016)
15.83m adults (16+ yrs) are regularly playing sport in England

Once a week sport participation (1 x 30mins), millions

Source: Sport England’s Active People results for the 12 months to the period shown on the chart. Dotted line showed between APS1 and APS2 where there was no data collection
% shows change in the rate of participation between dates shown, arrow shows if this change is statistically significant
3.85m young people (16-25yrs) and 11.98m adults (26+yrs) play sport weekly in England

Once a week sport participation (1 x 30) by age, millions

Source: Sport England’s Active People results for the 12 months to the period shown on the chart. Dotted line showed between APS1 and APS2 where there was no data collection
1.56 million disabled people (16+ yrs) are playing sport weekly in England

Once a week sport participation (1 x 30), millions

Source: Sport England’s Active People results for the 12 months to the period shown on the chart. Dotted line showed between APS1 and APS2 where there was no data collection. LTLID means Long term limiting illness or disability.
Gender: 8.72 million men (16+ yrs) and 7.12 million women (16+ yrs) are playing sport weekly in England

Once a week sport participation (1 x 30) by gender, millions

Source: Sport England’s Active People results for the 12 months to the period shown on the chart. Dotted line showed between APS1 and APS2 where there was no data collection
Ethnicity: 2.84 million of BME origin (16+yrs) are playing sport weekly in England

Once a week sport participation (1 x 30), millions

Source: Sport England’s Active People results for the 12 months to the period shown on the chart. Between APS1 and APS2 there was no data collection.
The popularity of different sports has changed over time.