

**YOUNG PEOPLE AND  
SPORT IN ENGLAND,  
1999**

***A SURVEY OF YOUNG  
PEOPLE AND PE TEACHERS***

**SPORTS SPECIFIC  
FINDINGS**

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# Background to Survey

**This survey was a repeat of the first national survey carried out by the Office of Population Censuses and Surveys in 1994.**

**Carried out by MORI, this work enables the changes that have occurred over the five year period since the 1994 survey to be measured and the implications for sport to be assessed**

- The survey was carried out with a random sample of young people aged 6 to 16 years across England
- In total, 4730 young people were surveyed using self completion questionnaires
- Of those surveyed a total of 3319 participated representing a response rate of 72%
- The survey was carried out during the latter part of the summer term (for both the 1994 and 1999 survey) allowing for collection of information over the previous school year
- Young People were given a long list of 39 sport and exercise activities to select from and were allowed to select others not on the list

**The questionnaire was designed to capture information about:**

- sport participation levels both in and out of school lessons,
- membership of sports and other clubs where they do sport,
- involvement in competitions,
- enjoyment of sports,
- sporting role models,
- attitudes towards sport ,
- time spent on sport/leisure activities.

Sports participation was identified by the level of involvement in a sport or exercise activity at all in the previous year. Two measures were used:

- on less than 10 days
- 10 days or more (frequently)

**This report presents participation rates on a 'frequent' (10 days or more) basis only (except extra curricular rating where participation is presented as 'at least once' in the past year)**

**TOP 10 SPORTS**  
**YOUNG PEOPLE SURVEY RESULTS**  
**IN SCHOOL LESSONS**

*Percentages of young people who participated on a frequent basis (10 or more times) in past year*

<b>Sport</b>	<b>Total (%) 1999</b>
<b>Athletics</b>	<b>35</b>
<b>Gym/Gymnastics/ Trampolining</b>	<b>33</b>
<b>Rounders</b>	<b>31</b>
<b>Swimming</b>	<b>30</b>
<b>Football</b>	<b>28</b>
<b>Netball</b>	<b>19</b>
<b>Tennis</b>	<b>18</b>
<b>Hockey</b>	<b>17</b>
<b>Cricket</b>	<b>16</b>
<b>Basketball</b>	<b>15</b>

**TOP 10 SPORTS**  
**YOUNG PEOPLE SURVEY RESULTS**  
**OUT OF SCHOOL LESSONS**

*Percentages of young people who participated on a frequent basis (10 or more times) in past year*

<b>Sport</b>	<b>Total (%) 1999</b>
<b>Cycling</b>	<b>54</b>
<b>Swimming</b>	<b>50</b>
<b>Football</b>	<b>43</b>
<b>Roller Skating/ blading/boarding</b>	<b>26</b>
<b>Walking/hiking</b>	<b>23</b>
<b>Tennis</b>	<b>21</b>
<b>Cricket</b>	<b>19</b>
<b>Rounders</b>	<b>14</b>
<b>Athletics</b>	<b>13</b>
<b>Basketball</b>	<b>13</b>

**All sports**  
**In School lessons**  
**(frequent participation/all young people)**

	Total 1994 %	Total 1999 %
Athletics – track or field	33	35
Gym, gymnastic, trampolining	39	33
Rounders	24	31
Swimming, diving, lifesaving	32	30
Football (inc-5-a side)	24	28
Netball	16	19
Tennis	16	18
Hockey	20	17
Cricket	13	16
Basketball	14	15
Aerobics, keep fit	18	15
Cross country, jogging, and running	16	14
Rugby	12	12
Dance classes	11	11
Badminton	10	10
Volleyball	6	5
Baseball, softball	5	4
Orienteering	3	4
Cycling/riding bike	4	4
Walking(>1 hr), hiking	2	3
Table tennis	3	2
Roller-skating/ blading, skateboarding	na	2
Squash	2	1
Golf, putting, pitch and putt	1	1
Tenpin bowling/skittles	1	1
Ice skating	1	1
Judo, martial arts (karate/aikido)	1	1
Boxing, wrestling	-	1
Climbing, abseiling, potholing	1	1
Skiing	1	1
Horse riding, pony trekking	1	1
Sailing, windsurfing	0	1
Rowing, water-skiing, canoeing	1	1
Angling, fishing	0	1
Bowls (carpet, lawn, etc)	0	*
Snooker, billiards, pool	na	na
Darts	na	na
Other games skills – primary	na	na
Multigym/weights – secondary	na	na
Motor sports, go-karting	na	na

**All sports**  
**Out of School lessons**  
**(frequent participation/all young people)**

	Total 1994 %	Total 1999 %
Cycling/riding bike	57	54
Swimming, diving, lifesaving	50	50
Football (inc-5-a side)	37	43
Roller-skating/blading, skateboarding	na	26
Walking(>1 hr), hiking	23	23
Tennis	21	21
Cricket	17	19
Basketball	12	14
Rounders	13	14
Athletics – track or field	13	13
Gym, gymnastic, trampolining	13	13
Aerobics, keep fit	14	11
Badminton	11	10
Cross country, jogging, and running	10	10
Golf, putting, pitch and putt	8	9
Dance classes	9	9
Netball	7	8
Rugby	7	8
Horse riding, pony trekking	7	8
Table tennis	9	7
Tenpin bowling/skittles	8	7
Judo, martial arts (karate/aikido)	7	7
Hockey	5	6
Ice skating	6	6
Angling, fishing	7	5
Baseball, softball	4	4
Volleyball	3	3
Squash	4	3
Boxing, wrestling	2	3
Climbing, abseiling, potholing	3	3
Skiing	3	3
Rowing, water-skiing, canoeing	4	3
Bowls (carpet, lawn, etc)	2	2
Orienteering	3	2
Sailing, windsurfing	2	2
Snooker, billiards, pool	na	na
Darts	na	na
Other games skills – primary	na	na
Multigym/weights – secondary	na	na
Motor sports, go-karting	na	na

# SPORTS ON THE MOVE

## YOUNG PEOPLE SURVEY RESULTS

### *Emerging sports in school lessons (change between 1994 and 1999)*

*Percentages of young people who participated on a frequent basis (10 or more times in past year)*

Primary Boys			Primary Girls		
Rounders	28% to 36%	(+8)	Football	8% to 15%	(+7)
Cricket	15% to 20%	(+5)	Cricket	7% to 12%	(+5)
Football	35% to 39%	(+4)	Rounders	33% to 37%	(+4)

Secondary Boys			Secondary Girls		
Football	45% to 51%	(+6)	Rounders	25% to 41%	(+16)
Tennis	18% to 23%	(+5)	Athletics	32% to 38%	(+6)
Cricket	26% to 30%	(+4)	Netball	43% to 49%	(+6)
			Swimming	16% to 19%	(+3)
			Orienteering	4% to 7%	(+3)

# SPORTS ON THE MOVE

## YOUNG PEOPLE SURVEY RESULTS

### *Declining sports in school lessons (change between 1994 and 1999)*

*Percentages of young people who participated on a frequent basis (10 or more times) in past year*

Primary Boys			Primary Girls		
Gymnastics	49% to 39%	(-10)	Gymnastics	49% to 39%	(-10)
Swimming	48% to 43%	(-5)	Swimming	46% to 43%	(-3)
Aerobics	19% to 14%	(-5)	Dance	15% to 12%	(-3)

Secondary Boys			Secondary Girls		
Hockey	23% to 17%	(-6)	Aerobics	18% to 12%	(-6)
X Country	24% to 19%	(-5)	Hockey	41% to 37%	(-4)
Gymnastics	22% to 19%	(-3)	Tennis	36% to 32%	(-4)
			X Country	22% to 18%	(-4)
			Baseball/ Softball	6% to 2%	(-4)

# SPORTS ON THE MOVE

## YOUNG PEOPLE SURVEY RESULTS

### *Emerging sports out of school lessons (change between 1994 and 1999)*

*Percentages of young people who participated on a frequent basis (10 or more times) in past year*

Primary Boys			Primary Girls		
Football	65% to 73%	(+8)	Football	15% to 22%	(+7)
Basketball	10% to 13%	(+3)	Swimming	59% to 64%	(+5)
Cricket	25% to 27%	(+2)	Cricket	7% to 11%	(+4)
Golf	8% to 10%	(+2)	Walking	27% to 30%	(+3)
			Basketball	4% to 7%	(+3)

Secondary Boys			Secondary Girls		
Roller skating	12% to 18%	(+6)	Roller skating	14% to 19%	(+5)
Football	55% to 60%	(+5)	Rounders	13% to 17%	(+4)
Cricket	28% to 31%	(+3)	Football	11% to 14%	(+3)
			Basketball	8% to 11%	(+3)
			Netball	13% to 16%	(+3)

# SPORTS ON THE MOVE

## YOUNG PEOPLE SURVEY RESULTS

### *Declining sports out of school lessons (change between 1994 and 1999)*

*Percentages of young people who participated on a frequent basis (10 or more times) in past year*

Primary Boys			Primary Girls		
Walking	29% to 24%	(-5)	Aerobics	29% to 24%	(-5)
Athletics	17% to 13%	(-4)	Dance	21% to 17%	(-4)

Secondary Boys			Secondary Girls		
Cycling	55% to 48%	(-7)	Aerobics	19% to 10%	(-9)
Swimming	36% to 31%	(-5)	Cycling	38% to 34%	(-4)
Table tennis	15% to 12%	(-3)	Badminton	15% to 11%	(-4)
			Tennis	24% to 21%	(-3)
			Table tennis	9% to 6%	(-3)

## Participation index for all secondary aged young people

<b>Predominantly in School based activities</b>	Athletics	3.36
	Gym/Gymnastics/Tramp	3.25
	Netball	3.25
	Orienteering	2.33
	Volleyball	2.00
	Rounders	1.92
	Rugby	1.80
	Badminton	1.67
	Basketball	1.53
	Hockey	1.50
	Cross country running	1.50
	Dance Classes	1.22
	Baseball/softball	1.20
	Aerobics/keep fit	1.14
	Tennis	1.12
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<b>Predominantly Out of School based activities</b>	Cricket	0.94
	Football	0.81
	Swimming	0.46
	Table tennis	0.33
	Judo	0.33
	Walking/hiking	0.21
	Ten pin bowling	0.13
	Rollerskating	0.11
	Horse riding	0.11
	Cycling	0.10
	Snooker	0.10
	Golf	0.10

**(in school/out school)**

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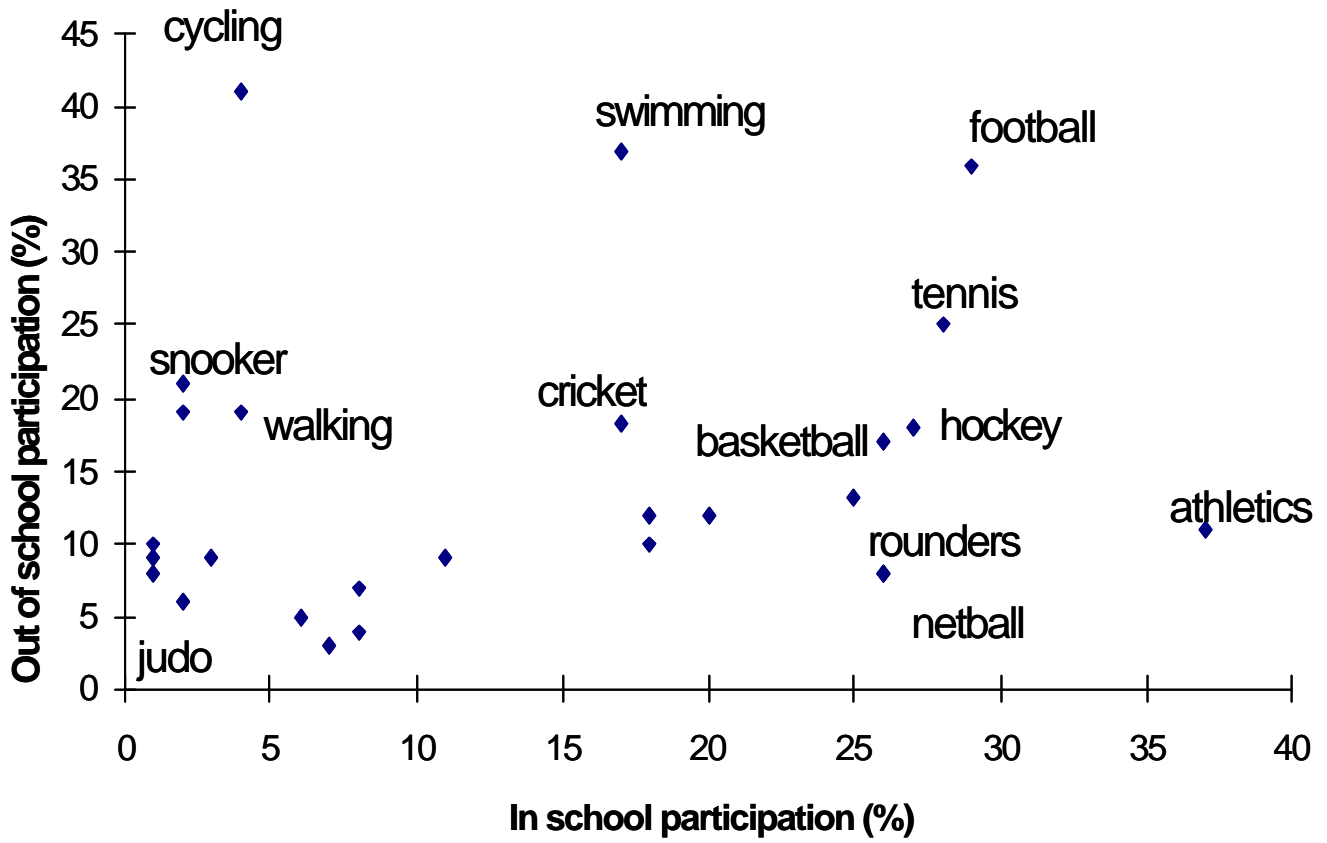
**Participation index for all secondary aged boys  
(in school/out school)**

<b>Predominantly in School based activities</b> <sup>®</sup>	Gym/Gymnastics/Tramp	4.75
	Dance Classes	4.00
	Athletics	3.27
	Hockey	2.13
	Netball	2.00
	Rugby	1.83
	Volleyball	1.75
	Orienteering	1.50
	Basketball	1.43
	Badminton	1.38
	Cross country running	1.36
	Aerobics/keep fit	1.25
	Baseball/softball	1.25
	Rounders	1.13
<b>Predominantly Out of School based activities</b> <sup>†</sup>	Cricket	0.97
	Football	0.85
	Tennis	0.79
	Swimming	0.48
	Table tennis	0.33
	Judo	0.25
	Walking/hiking	0.21
	Rollerskating	0.17
	Ten pin bowling	0.11
	Cycling	0.10
	Snooker	0.06
	Golf	0.06
	Horse riding	0.00

**Participation index for all secondary aged girls  
(in school/out school)**

<b>Predominantly in School based activities</b> ®	Hockey	4.63
	Athletics	3.80
	Netball	3.06
	Gym/Gymnastics/Tramp	2.67
	Rounders	2.41
	Orienteering	2.33
	Badminton	2.00
	Volleyball	2.00
	Basketball	1.82
	Cross country running	1.80
	Tennis	1.52
	Rugby	1.33
	Aerobics/keep fit	1.20
	Dance Classes	1.06
<b>Predominantly Out of School based activities</b> r	Cricket	0.67
	Baseball/softball	0.67
	Football	0.57
	Table tennis	0.50
	Swimming	0.45
	Golf	0.33
	Walking/hiking	0.21
	Judo	0.20
	Ten pin bowling	0.14
	Horse riding	0.13
	Cycling	0.09
	Snooker	0.09
	Rollerskating	0.05

### Levels of in and out of school participation for selected sports



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