

Steve Wood & Associates

'Coaching to Coach'

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Recommended Resources for Coaching

Title	Author
Effective Coaching	Myles Downey
Coaching for Performance	John Whitmore
Inner Game of Work	Timothy Gallwey
Inner Game of Tennis	Timothy Gallwey
Inner Game of Golf	Timothy Gallwey
7 Habits of Highly Effective People	Stephen Covey
Principle-Centred Leadership	Stephen Covey
Introducing Neuro-Linguistic Programming	Joseph O'Connor and John Seymour
Coaching with NLP	Joseph O'Connor & Andrea Lages
Managing with the Power of NLP	David Molden
Unlimited Power	Anthony Robbins
Awaken the Giant Within	Anthony Robbins
Flow, the Psychology of Happiness	Mihaly Csikszentmihalyi
Emotional Intelligence	Daniel Goleman