

## NGB Support Guidance for the Community Sports Coach Scheme

Sport	Triathlon (Swim, Bike, Run)
<p>NGB deployment focus for the Community Sports Coaches, linked to the NGB player pathway and relevant development initiatives.</p>	<p><b><u>Triathlon</u></b></p> <ul style="list-style-type: none"> <li>• Triathlon is an Olympic and Commonwealth Games sport with well funded World Class Performance, Potential, and Start Programmes. The British Triathlon Association (BTA) administers the sport in the UK.</li> <li>• The World Class Start Programme is closely aligned with the BTA's Development Programme, sharing positions in Regional Development and Talent Identification. Regional development objectives are focused on development of coaches, clubs and young people.</li> </ul> <p><b><u>Performer Pathway</u></b></p> <ul style="list-style-type: none"> <li>• The sport has a well-defined performer pathway, from young performers to senior internationals, which has achieved international success at every level. The sport's performance pathway (Long Term Athlete Development Plan) is used to guide coaches and clubs working young people and the sport's regional/national start and potential activities.</li> <li>• With young people the emphasis is either on developing swimmer/runners or in identifying strong swimmer/runners who have developed these skills through school or club swimming/athletics programmes. The skills of cycling, and moving through the transition zone being introduced to young athletes who have demonstrated an ability to swim and run.</li> </ul> <p><b><u>Partnership Activity</u></b></p> <ul style="list-style-type: none"> <li>• The sport is encouraging the development of junior triathlon clubs and junior sections in existing senior triathlon clubs. The sport is also keen that young people are able to develop their skills through specialist swimming, athletic, cycling, and multi-sports clubs. Different club models exist including specialist triathlon clubs, and multi sport clubs, which offer triathlon as an activity alongside other endurance activities such as swimming, cycling and running.</li> </ul> <p><b><u>Coach Deployment</u></b></p> <ul style="list-style-type: none"> <li>• Triathlon is developing five High Performance coaching centres in England, which will act as support centres for those coaches employed at a community level to develop young triathletes. These centres will provide mentoring for the community coaches through more experienced professional coaches employed at each centre. The centres would also act as a focal point for the community coaching programmes with the best young people accessing regional talent camps through them.</li> <li>• The British Triathlon Association would like to see a minimum of one full time community triathlon coach operating in each of the nine English Sports Council Regions and contributing to talent identification and development in that region.</li> </ul>

	<p><b><u>Coach Deployment</u></b></p> <ul style="list-style-type: none"> <li>• The sport would envisage different models being operated in the deployment of community triathlon coaches. Two examples: <ul style="list-style-type: none"> <li>➢ the employment of a triathlon (multi-endurance sport) coach at a community level who spends part of his/her time coaching triathlon and part coaching one or more of the individual disciplines (swimming, cycling, running).</li> <li>➢ the employment of a coach who spends 50% of his/her time coaching young triathletes and 50% of his/her time working as personal fitness trainers, or coaching adult participants in triathlon from a healthy lifestyle perspective. This strategy would enable 50% of each coach's income to be generated by fees from senior triathlon clubs or commercial health clubs.</li> </ul> </li> <li>• Community triathlon coaches should be deployed where triathlon clubs and competition structures already exist or where it is considered that their employment will lead to the development of sustainable triathlon structures.</li> </ul>
<p>Minimum level of NGB coaching qualification for coaches employed through the Community Sports Coach Scheme</p>	<p><b><u>Qualifications</u></b></p> <ul style="list-style-type: none"> <li>• Community Sports Coaches in triathlon would be expected to hold the British Triathlon Association's Level 2 Coaching Qualification.</li> <li>• Additional coaching qualifications in other sports, or fitness coaching, would be an advantage and may be necessary if the coach is to work in triathlon and some of its component sports.</li> </ul>
<p>NGB Priority Partnership Area</p>	<p><b><u>Priority 1 – County Partnerships Areas with High Performance Centres</u></b></p> <ul style="list-style-type: none"> <li>• Leicester, Leicestershire &amp; Rutland - Loughborough University HPC – East Midlands Region</li> <li>• North Yorkshire Leeds University HPC – Yorkshire &amp; Humberside Region</li> <li>• Somerset - Bath University HPC – South West Region</li> <li>• Sussex -University of Brighton @ Eastbourne HPC – Southern Region</li> <li>• London - North of London HPC – London Region</li> </ul> <p><b><u>Priority 2 - County Partnerships in Regions with no HPC but Strong Triathlon Structures</u></b></p> <ul style="list-style-type: none"> <li>• Cambridgeshire - Cambridge Triathlon Club – Eastern Region</li> <li>• Tyne &amp; Wear – Newcastle Triathlon Club – North East Region</li> <li>• Greater Manchester - Manchester Triathlon Club &amp; Salford Triathlon Centre – North West Region</li> <li>• Black Country - Black Country Triathlon Club – West Midlands Region</li> <li>• Sussex – South East (several proactive Junior Clubs)</li> <li>• Greater Warwickshire – Stratford Sharks – West Midlands Region</li> </ul>

	<p><b><u>Priority 3 – County Partnerships with Strong Triathlon Structures</u></b></p> <ul style="list-style-type: none"> <li>• Buckinghamshire (Milton Keynes Triathlon Club)</li> <li>• Essex</li> <li>• Greater Manchester (Manchester Triathlon Club &amp; Salford Triathlon Centre)</li> <li>• Nottinghamshire</li> <li>• Kent (Deal Triathlon Club)</li> <li>• Cheshire</li> <li>• Sussex</li> <li>• Leicestershire, Leicester and Rutland</li> </ul> <p><b><u>Priority 4 – County Partnerships with Existing Partnership Programmes with Triathlon</u></b></p> <ul style="list-style-type: none"> <li>• Lincolnshire</li> <li>• Greater Warwickshire (Youth Sport Games)</li> <li>• Greater Manchester</li> <li>• Shropshire</li> <li>• Cambridgeshire</li> <li>• Leicestershire, Leicestershire and Rutland</li> <li>• Western Counties (Youth Games)</li> <li>• Sussex</li> </ul> <p><b><u>Priority 5 – County Partnerships with a willingness to partner Triathlon</u></b></p> <ul style="list-style-type: none"> <li>• All other County Partnerships</li> </ul>
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County Partnerships with Existing Relationships with British Triathlon Association

- Greater Warwickshire (Youth Games)
- Lincolnshire (Youth Games)
- Greater Manchester
- Shropshire
- Cambridgeshire
- Leicestershire, Leicestershire and Rutland
- Western Counties (Youth Games)
- Sussex