



HOW TO FIND US

By Train: The exit from Bedford station brings you out onto Ashburnham Road, which is a 10 minute walk away from the office. Taxis are available at the rank immediately outside the station exit.

By Car:

- From the M1(North) - leave at J14 and follow the signs for Bedford via the A422/A428, coming into the town centre via Bromham Road.
- From the M1(South) – either leave at J13 and follow the signs for Bedford via the A421/A6 coming into the town centre via Prebend Street, or continue to J14 as above. The latter option is the best for locating our offices.
- From the A1 – leave at the Black Cat Roundabout, following the signs for Bedford via the A421/A428, coming into the town centre along Goldington Road and following the one-way system via Dame Alice Street into Tavistock Street.
- From the A6 (North) – come into the town centre via Clapham Road, continuing into Tavistock Street.
- From the A6 (South) – come into the town centre via Prebend Street bridge, following Ashburnham Road, Bromham Road and Union Street to locate Tavistock Street and the Queen Street Car Park.

Car Parking – Parking at the regional office is very limited – please contact us in advance of your visit to check if a space is available. Alternative parking is available nearby in QUEEN STREET (pay & display), indicated by the arrow on the map below.

Sport England East

Crescent House
19 The Crescent
BEDFORD MK40 2QP
Tel: 01234 345222
Fax: 01234 359046

Opening Hours:

Mon-Thurs 09.00-17.00
Fri 09.00-16.30

