



North East Physical Activity Forum

**Action
Plan
Update
March 2007**

Passionate about physical activity

north east
england

Aim of the Forum

“To bring together those with an interest in physical activity and health in order to improve and co-ordinate service delivery and professional development.”

(See ‘Terms of Reference’ copies at Registration Desk)

Key Objectives

- To share good practice between physical activity and health professionals, both regionally and nationally.
- To provide continuing professional development opportunities for physical activity and health professionals.
- To develop a communication network enabling information exchange to take place on a formal and informal basis.
- To provide a consultative forum to support physical activity and health strategic planning in the region.

Key Objectives (continued)

- To highlight funding and other resource opportunities for physical activity and health initiatives within the region.
- To support the implementation of existing and new national, regional and local policies on physical activity and health.
- To lobby local, regional and national organisations to raise the profile of the physical activity agenda and act as a voice for the north east region.

Progress

To share good practice between physical activity and health professionals, both regionally and nationally

- Involved in a mapping exercise of Physical Activity projects in the North East Region (209 identified)
- Full report available on the North East Public Health Observatory website www.nepho.org.uk
- NEPAF Steering Group currently preparing the project database- aim is to go live from April '07

Progress (continued)

- **To provide a consultative forum to support physical activity and for health strategic planning in the region**
 - Increasing membership (103 at last count) provides a valuable resource to physical activity planning in the region
 - Steering group gave recent input to national Physical Activity Care Pathway
 - NEPAF involved as Stakeholder in the current NICE public health guidance on Physical Activity in the workplace and for Children and Young People (consultation started 1st March '07)

Progress (continued)

To develop a communication network enabling information exchange to take place on a formal and informal basis

- Monthly e-bulletin – contact Janice Foster, Sport England North East by 1st of month janice.foster@sportengland.org
Tel: 0191 384 9595 – open to all members to give input.
Informal method of disseminating information / jobs / training and CPD opportunities, etc.
- Sport England North East are to host a NEPAF web-page, linked to the Sport England NE main website.

Progress (continued)

To provide CPD opportunities for physical activity and health professionals

- REPs accreditation (4 CPD points) for this and each subsequent forum event.
- Events planned every 6 months initially.
- On going evaluation on CPD needs of forum members for September 2007 event.
- Sourcing funding for future CPD events and other work, (Steering Group discussing 'budget holder' arrangements)
- *(please hand in your forms at Registration desk or send to the address listed on the sheets.)*