

# THE ACTIVE PEOPLE SURVEY 7 - QUESTIONNAIRE CONTENT

## INTRODUCTION

The table below documents the questions within the Active People Survey 7, and highlights questionnaire changes that have taken place since the survey started (2005/6). The [Active People Survey](#) is referred to as 'APS' in this document.

To ensure consistency and crucially, the ability to track key indicators over time, the majority of key questions which capture information on the duration, frequency and intensity of participation have not changed from the first wave of the survey (2005/6).

In addition to the question changes outlined in the table below, there have been some minor changes to individual sport codes (not questions, but the descriptions used to code which sports people have done) which are *not* detailed in the table below. For example, some sports have split out the response codes to determine which discipline of a sport (e.g. indoor or outdoor, small or large sided) respondents have taken part in.

Active People Survey 7 started on 15<sup>th</sup> October 2012 and was completed on 14<sup>th</sup> October 2013. The first year of the Active People Survey (APS1) was conducted between October 2005 to October 2006. The second year of Active People, Active People Survey 2, was conducted between October 2007 and October 2008. The following lists the timing of subsequent Active People Surveys:

Active People Survey 3: October 2008 – October 2009  
Active People Survey 4: October 2009 – October 2010  
Active People Survey 5: October 2010 – October 2011  
Active People Survey 6: October 2011 – October 2012  
Active People Survey 7: October 2012 – October 2013  
Active People Survey 8: started October 2013, complete in October 2014.

Active People Surveys 1,2,3, and 4 were conducted by Ipsos MORI. Following a competitive tender process, TNS-BMRB were commissioned to undertake Active People Survey 5, 6, 7 and 8.

## THE QUESTIONNAIRE

The survey questionnaire has been designed specifically to track a number of key measures (for example, frequency of sports participation). As well as measuring overall levels of sports participation, it provides data on other key areas including - club membership, receipt of instruction or coaching, volunteering, and access to competitive sport opportunities. In addition, the questionnaire has been designed to enable analysis of the data by gender, social class, ethnicity, household structure, educational attainment and disability and other demographic variables.

The survey is conducted using Computer Assisted Telephone Interviewing (CATI) and, as such, the question script often follows complex "loops" depending on the answers given by respondents. The interviewers have access to detailed linked databases for coding purposes for some of the questions. This briefing note has been produced to illustrate the content and sequence of the questions.

In the "question" section of the tables that follow, the CATI controlled scripting, where the content is automatically entered on to the interviewing screen, is denoted by the

symbols [^XXXXXXXX^] where it is necessary to add it to make the questions legible for this briefing note. Similarly, any additional interviewer prompts are in *ITALIC UPPER CASE* where they are necessary to make the questions legible or aid the explanation of the questions.

A copy of the full CATI questionnaire is available. To request this, please email [research@sportengland.org](mailto:research@sportengland.org)

A technical report for the Active People Survey is also available [here](#).

[Active People Interactive](#), a quick and easy web tool which enables detailed analysis of Active People Survey results, is freely accessible via Sport England's website.

**Document updated: May 2014**

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>INTRODUCTION</b>            Good afternoon/evening. My name is XXXXX calling on behalf of TNS – the independent research organisation. We are carrying out an important survey about people’s leisure and recreational activities. It will be used to help shape local services in the future. May I ask you a few questions?</p> <p><i>IF NECESSARY ADD:</i>            This interview will only take about 15 minutes on average. If now is not convenient, I can call back at another time but it would be helpful if we could ask you a couple of quick questions now, to check you are the person we need to speak to. This is in no way a sales call and you will not be contacted as a result of this survey for sales purposes.            I would like to assure you that all the information that we collect will be kept in the strictest confidence, and used for research purposes only.</p>	<p>This “introduction” is used for everybody answering the initial telephone call.</p>	<p>The introduction sets out the broad purpose of the survey and is designed to capture the interest of the listener and encourage them to continue with the survey conversation.</p> <p>For many potential respondents the word ‘sport’ and references to ‘Sport England’ will discourage their continuation and therefore they are avoided.</p>
<p><b>LANGUAGE</b></p> <p>English (proceed with Interview)            Urdu (close and reissue)            Hindi (close and reissue)            Gujarati (close and reissue)            Asian Not Known (close and reissue)            Other (Specify and close)</p>	<p>The language being spoken is coded for all interviews.</p>	<p>Households with no one able to speak English are re-issued at a later date for foreign language interviewing.</p>
<p><b>QUESTION ONLY FOR SAMPLE FLAGGED AS</b></p>	<p>All “flagged” telephone numbers.</p>	<p>For some border areas close to Wales and Scotland, the telephone</p>

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<p><b>BORDER AREA</b> The survey covers only England so can I just check whether you live in England?</p>		<p>number being issued in the sample has been “flagged” to ensure the interview is not continued with anyone living outside English Local Authority boundaries.</p>
<p>To make sure we speak to a good cross section of the public can you please tell me how many people aged 16 or over currently live in your household including yourself?</p>	<p>All people initially answering the telephone call and being willing to continue.</p>	<p>This enables the selection of a “random respondent” to be the subject of the survey in households with more than one person and also screens out business numbers and calls answered by people not living in the household.</p> <p>If this is a single person household, the survey will continue with the “respondent” or a call-back appointment time will be made.</p>
<p>Could I speak to the person aged 16 or over who has the next birthday? <i>IF NECESSARY SAY THE PERSON WITH THE NEXT BIRTHDAY IS SELECTED TO ENSURE WE ACHIEVE A NATIONALLY REPRESENTATIVE SAMPLE OF ADULTS IN ENGLAND</i></p>	<p>All people initially answering the telephone call living in households with more than two people living in the household.</p>	<p>The “next birthday rule” is a conventional market research methodology to ensure the random selection of respondents within households to achieve a representative sample of adults in England.</p> <p>If the person with the next birthday answers the initial telephone call, the interview continues or a call-back appointment time is made.</p>
<p>In households where there are no more than two adults, we are using a random method to select which one of these adults takes part in this survey. On this occasion it is the other person that I would like to speak to. May I speak to that person?</p>	<p>All people initially answering the telephone call living in households with no more than two people living in the household.</p>	<p>The Rizzo method, a standard technique in randomly selecting respondents is used.</p>
<p>Please can I take the person’s name?</p>	<p>All people initially answering the telephone call living in households with no more than two people, who are not the selected respondent.</p>	<p>The person’s name is taken at this stage. This enables any call-back interviewer to ask directly for the selected respondent should the selected respondent not be available to continue the survey on this occasion.</p>
<p>We may arrange for another interviewer to call in the next few days, can you please tell me what language this person speaks?</p>	<p>All households where the “selected respondent” is not available or unable to complete</p>	<p>The interviewer will try to get as much information at this stage about the potential respondent and will try to get a future appointment time to call back. If the selected respondent does not</p>

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	the survey at the time of the first telephone.	speak English, a foreign language interview will be arranged.
<p><b>MAIN SURVEY BEGINS WITH WALKING</b></p> <p>Firstly, I would like you to think about all the walking you have done. Please include any country walks, walking to and from work or the shops and any other walks you may have done. Please exclude time spent walking around shops.</p> <p>In the <u>last four weeks</u>, that is since [^INSERT^] have you done at least one continuous walk lasting <u>at least 10 minutes</u>?</p> <p>Yes No Don't know Unable to walk</p> <p>INTERVIEWER READ OUT: ALTHOUGH YOU HAVE SAID YOU CANNOT WALK, WE ARE STILL INTERESTED IN ANY OTHER ACTIVITIES YOU MAY DO WHICH ARE BENEFICIAL TO YOUR HEALTH AND THE NEXT FEW QUESTIONS ASK YOU ABOUT THESE</p>	All selected respondents.	<p>This question prompts the respondent to think about all the types of walking that they may have done for pleasure or to get from place to place, apart from "walking around shops". However, the main purpose of the "ten minute" time duration is to screen out from further questions about walking all those people who have been unable to walk during the past four weeks for whatever reason.</p> <p>THIS DURATION OF WALKING FOR THIS QUESTION WAS CHANGED FROM 5 TO 10 MINUTES IN JAN 2012.</p>
<p>On how many days in the last four weeks have you done at least one continuous walk lasting at least 10 minutes?</p> <p>Every day = 28 Every weekday = 20 Every other day = 14 Every day at weekends = 8 One day every weekend = 4</p>	All respondents who have done at least one continuous walk lasting at least 10 minutes in the last four weeks.	<p>This question establishes the frequency (number of days) of walking activity.</p> <p>THIS QUESTION WAS UPDATED IN JAN 2012 (previously based on 30 minute duration).</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>ENTER NUMBER OF DAYS – NUMBER RANGE 1 to 28</p> <p>Don't know</p>		
<p>On the days that you walked, what was the total length of time you USUALLY spent walking during the course of the day? (Please only include walks of at least 10 minutes).</p>	<p>All respondents who have done at least one continuous walk lasting at least 10 minutes in the last four weeks.</p>	<p>This question establishes the duration (number of minutes) of walking activity. THIS QUESTION WAS ADDED IN JAN 2012</p>
<p>You said that you had done at least one continuous walk lasting at least 10 minutes on <u>[^INSERT FROM Q3r^ IF Q3r = DK INSERT 'at least one'] day(s) since [^INSERT^]</u>. Can I ask, on how many of those days did you walk for the purpose of health or recreation not to get from place to place again please exclude time spent walking around shops?</p>	<p>All respondents who have done at least one continuous walk lasting at least 10 minutes in the last four weeks.</p>	<p>This question ascertains the number of days walking activity that were for the purpose of health or recreation, rather than just to get from place to place. THIS QUESTION WAS ADDED IN JAN 2012 (previously based on 30 minute duration).</p>
<p>How would you describe your usual walking pace? <i>SINGLE CODE. READ OUT LIST.</i> A slow pace A steady average pace A fairly brisk pace A fast pace Don't know</p>	<p>All respondents who have done at least one continuous walk lasting at least 10 minutes in the last four weeks.</p>	<p>This question determines the intensity of walking (as defined by the respondents usual walking pace) - walking carried out only at a slow or steady average pace is not considered to be of a moderate intensity.</p>
<p><b>CYCLING</b> I would now like you to think about any cycling you may have done. Please include any casual cycling in your local area, any cycling in the countryside or on cycling routes, cycling to or from work or any competitive cycling.</p>	<p>All selected respondents.</p>	<p>This question prompts the respondent to think about all the types of cycling they may have done for pleasure or to get from place to place, in the last four weeks. THIS QUESTION WAS UPDATED IN OCT 2010 (APS5)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>In the last four weeks, that is since [^INSERT^] have you done any cycling?</p> <ol style="list-style-type: none"> <li>1. Yes</li> <li>2. No</li> <li>3. Don't know</li> </ol>		
<p>On how many days in the last 4 weeks have you done any cycling?</p> <ol style="list-style-type: none"> <li>1. Every day = 28</li> <li>2. Every weekday = 20</li> <li>3. Every other day = 14</li> <li>4. Every day at weekends = 8</li> <li>5. One day every weekend = 4</li> <li>6. Other (ENTER NUMBER OF DAYS – NUMBER RANGE 1 to 28)</li> <li>7. Don't know / can't remember</li> </ol>	<p>All selected respondents who have cycled in the last four weeks</p>	<p>This question establishes the frequency (number of days) of cycling participation.</p>
<p>On the days that you cycled, what was the total length of time you USUALLY spent cycling during the course of the day?</p>	<p>All selected respondents who have cycled in the last four weeks</p>	<p>This captures the duration of cycling activity. THIS QUESTION WAS UPDATED IN JAN 2012 – (previously based on 30 minute duration).</p>
<p>You said that you had cycled on [^INSERT FROM Q6b^ IF Q6b = DK INSERT 'at least one'] day(s) in <u>the last four weeks</u>. Can I ask, on how many of those days did you cycle for the purpose of health, recreation, training or competition not to get from place to place?</p>	<p>All selected respondents who have cycled in the last four weeks</p>	<p>This question ascertains the number of days cycling activity that were for the purpose of health or recreation, rather than just to get from place to place.</p> <p>THIS QUESTION WAS ADDED IN JAN 2012 (previously based on 30 minute duration).</p>
<p>Thinking only about continuous cycle rides for the purpose of health, recreation, training or competition not to get from place to place, how long do you usually cycle for?</p>	<p>All respondents who have cycled for the purpose of health, recreation, training or competition not to get from place</p>	<p>THIS QUESTION WAS ADDED AT THE START OF APS6 (OCT 2011) AND UPDATED IN JAN 2012.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>Again thinking only about cycling for the purpose of health, recreation, training or competition, what is the main type of cycling you do?</p> <p>SINGLE CODE</p> <ol style="list-style-type: none"> <li>1. Recreational cycling – General</li> <li>2. Mountain biking</li> <li>3. BMX</li> <li>4. Road cycling</li> <li>5. Track cycling</li> <li>6. Cyclo-cross</li> </ol>	<p>to place</p> <p>All respondents who have cycled for the purpose of health, recreation, training or competition not to get from place to place</p>	<p>This question captures the main type of cycling so a breakdown of the different types of cycling is available.</p> <p>THIS QUESTION WAS ADDED IN OCT 2011 (APS6)</p>
<p>During the last four weeks, was the effort you put into recreational cycling usually enough to raise your breathing rate?</p> <ol style="list-style-type: none"> <li>1. Yes</li> <li>2. No</li> <li>3. Don't know</li> </ol>	<p>All respondents who have cycled for the purpose of health, recreation, training or competition not to get from place to place</p>	<p>This question determines the intensity of recreational cycling (as defined by the respondent). If the activity raised the breathing rate this is classed as at least moderate intensity.</p>
<p>During the last four weeks, was the effort you put into recreational cycling usually enough to make you out of breath or sweat?</p> <ol style="list-style-type: none"> <li>1. Yes</li> <li>2. No</li> <li>3. Don't know</li> </ol>	<p>All respondents who have cycled for the purpose of health, recreation, training or competition not to get from place to place</p>	<p>This question determines the intensity of recreational cycling (as defined by the respondent). If the activity causes respondents to be out of breath or sweat, this is classed as vigorous intensity,</p>
<p>During the last four weeks, was the effort you put into cycling usually enough to raise your breathing rate?</p>	<p>All respondents who have cycled not for the purpose of health, recreation, training or</p>	<p>This question determines the intensity of non-recreational cycling (as defined by the respondent). If the activity raised the breathing rate this is classed as at least moderate intensity.</p>



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<p>4. Yes 5. No 6. Don't know</p>	<p>competition but to get from place to place</p>	
<p>During the last four weeks, was the effort you put into cycling usually enough to make you out of breath or sweat?</p> <p>4. Yes 5. No 6. Don't know</p>	<p>All respondents who have cycled not for the purpose of health, recreation, training or competition but to get from place to place</p>	<p>This question determines the intensity of non-recreational cycling (as defined by the respondent). If the activity causes respondents to be out of breath or sweat, this is classed as vigorous intensity,</p>
<p><b>SPORT AND RECREATION</b></p> <p>I have already asked you about walking and cycling. I would now like to ask you about other types of sport and recreational physical activity you may have done.</p> <p>Please think about all the activities you did, <i>in the last four weeks</i>, whether for competition, training or receiving tuition, socially, casually or for health and fitness, but <u>do not include any teaching, coaching or refereeing you may have done.</u></p> <p>So thinking about <i>the last four weeks, that is since [^INSERT^]</i>, did you do any sporting or recreational physical activity?</p>	<p>All selected respondents.</p>	<p>This question asks the respondent to think about any sport or recreational physical activity they may have done in the last four weeks and attempts to ensure the respondent thinks about all the different circumstances in which these activities may have taken place.</p>
<p>Can I just check that you don't do any light recreational activities such as darts, snooker, fishing or any wheelchair sports as these are included in the survey? If you do, I would like to</p>	<p>All respondents who have stated they have a disability.</p>	<p>This is to prompt respondents to mention activities they may not necessarily think of as being included in the survey.</p>

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continue with the survey.		
What have you done? <i>RESPONSE CODED FROM DATABASE</i>  <i>PROMPT AFTER EACH ANSWER</i> What else?	All selected respondents who have done any sport or recreational physical activity in the last four weeks.	The interviewer has access to a sophisticated CATI database at this stage. The database includes an individual code for over 300 activities. The database also includes a list of activities which may be considered by the respondent as “recreational physical activity”, but which are not considered to be within Sport England’s remit of participation. These typically include activities such as card and board games, pub pastimes, virtual and computer games, crafts, gardening, DIY and activities which are part of the “arts” remit, including dancing and related performance activities.  Any <i>‘other activities’</i> not on the database are recorded separately and treated as if they were eligible activities.

**The questions within the shaded part of the next section of this table  
are asked for each eligible activity in turn, subject to the explanations set out below.**

On how many days in the last four weeks have you done [^INSERT ACTIVITY^]	All selected respondents doing an activity that is considered to fall within the remit of participation.	As with the walking and cycling, Sport England’s key measure of participation, (at least once a week, at least 30 minutes, moderate intensity) requires any eligible activity to be carried out on an average of at least four days in the last four weeks, so the number of days on which <i>each</i> of the activities takes place needs to be recorded.
And how long do you USUALLY do [^INSERT ACTIVITY ^] for?	All selected respondents doing an activity that is considered to fall within the remit of participation.	As with the walking and cycling, Sport England’s key measure of participation, (at least once a week, at least 30 minutes, moderate intensity) requires any of the eligible activities to be of at least 30 minutes duration on each activity occasion to be eligible, so the usual duration for <i>each</i> of the activities needs to be recorded.
During the last four weeks, was the effort you put into [^INSERT ACTIVITY ^] usually enough to raise your breathing rate?	All selected respondents doing an activity which is considered to fall within the remit of	As with walking and cycling, only activities that are usually carried out at ‘at least moderate’ intensity are eligible for Sport England’s key measure of participation, (at least once a week, at least 30

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	participation, but which could potentially <i>not</i> be carried out at levels of at least a “moderate” intensity.	minutes, moderate intensity) Therefore, as with cycling, any activities that are not carried out at an intensity usually enough to raise the respondent’s breathing rate (i.e. they are light intensity rather than at least moderate intensity) will not be included in the overall once a week participation data. However, many activities are considered to be <i>automatically at least moderate intensity</i> and this question is not asked of those activities.
During the last four weeks, was the effort you put into [^INSERT ACTIVITY^] usually enough to make you out of breath or sweat?	All selected respondents doing an activity which is considered to fall within the remit of the KPI for participation, but which could potentially be carried out at a “moderate” or ‘vigorous’ intensity	This question determines those activities that are carried out <i>only</i> at a moderate level by the respondent and those that are carried out at a vigorous level. Some measures of activity levels relate to ‘vigorous activity’ and therefore it is being recorded. The definition of vigorous activity is one that makes the respondent out of breath or sweaty/perspiring. However, as with the previous question, many activities are considered to be <i>automatically vigorous intensity</i> and this question is not asked of those activities.
Thinking about the [^INSERT ACTIVITIES LIST [and] [RECREATIONAL WALKING] [and] [RECREATIONAL CYCLING^] you have done in the last four weeks.  Can I ask on how <u>many days</u> in the last four weeks, in total, did you do <u>at least one</u> of these activities for at least 30 minutes?	All selected respondents doing <i>at least one eligible activity within the remit of participation</i> for at least 30 minutes duration of moderate intensity activity, including recreational walking and recreational cycling where these are carried out at moderate intensity.	<b>This is the key question for determining the level of activity for measuring overall participation.</b>  The question is designed to initially remind the respondent of all of the activities that they have mentioned that are eligible. The CATI system allows the interviewer to read back this list of activities in the introductory sentence.  The question then goes on to record on how many separate days in the last four weeks the respondent carried out at least one of these activities.
<b>CLUB MEMBERSHIP</b>  Over the past <u>four weeks</u> have you been a member of a club, particularly so that you can	All selected respondents. FROM THE START OF APS6 THIS QUESTION IS ASKED TO 50% OF THE SAMPLE	This question records the levels of club membership in the last 4 weeks, but <i>specifically excludes</i> any activities previously mentioned which are not considered to be within the remit of participation.

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>participate in any sports or recreational physical activities?</p> <p>Please do not include any [^INSERT EXCLUDED ACTIVITIES MENTIONED^] club membership.</p> <p><i>COULD BE A HEALTH/ FITNESS CLUB, SOCIAL CLUB (EMPLOYEES/ YOUTH CLUB, PUB TEAM), SPORTS CLUB OR OTHER CLUB</i></p>	<p>(RANDOMLY ALLOCATED)</p>	
<p>CLUB MEMBERSHIP What type of club?</p> <p>Health/fitness club Social club (e.g. employees club, youth club, pub team) Sports club Other type of club – DO NOT READ OUT (CODE OTHER AND ENTER VERBATIM)</p> <p><i>READ OUT LIST AND CODE ALL THAT APPLY</i></p>	<p>All selected respondents who have been a member of a club in the last four weeks.</p>	<p>This question records which type of club: a health/fitness club, a social club, a sports club, or another type of club.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>
<p>CLUB MEMBERSHIP</p> <p>Which sports or recreational physical activities do you take part in as a member of a sports club?</p> <p><i>DO NOT PROMPT. CODE ALL MENTIONED. IF RESPONDENT SAYS 'GOING TO A GYM' ENTER 'GYM'.</i></p> <p><i>IF ACTIVITY NOT ON DATABASE CODE OTHER AND ENTER AS OTHER SPECIFY</i></p>	<p>All selected respondents who stated they were members of a <i>sports club</i> (not other types of clubs)</p>	<p>This question records which sports people take part in as part of a sports club.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<i>PROMPT: WHAT ELSE?</i>		
<p><b>COMPETITION</b></p> <p>Now thinking about the <u>last 12 months</u>, have you taken part in any organised competition for any sports or recreational physical activities? Please do not include any teaching, coaching or refereeing.</p>	<p>All selected respondents.  FROM THE START OF APS6  THIS QUESTION IS ASKED TO  50% OF THE SAMPLE  (RANDOMLY ALLOCATED)</p>	<p>This question records the levels of competitive activity in the last 12 months.</p>
<p>COMPETITION</p> <p>Which sports or recreational physical activities have you taken part in organised competition for?</p> <p><i>DO NOT PROMPT. CODE ALL MENTIONED</i></p>	<p>All selected respondents who have taken part in organised competition in the last 12 months</p>	<p>This question records which sports respondents have taken part in organised competition for.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>INSTRUCTION OR COACHING</b></p> <p>Again thinking about the <u>last 12 months</u>, have you received tuition from an instructor or coach to improve your performance in any sports or recreational physical activities?</p> <p><i>THIS IS RESTRICTED TO FORMAL COACHING OR INSTRUCTION AND DOES NOT INCLUDE, FOR EXAMPLE, INFORMAL COACHING OR ADVICE RECEIVED FROM FAMILY MEMBERS OR FRIENDS.</i></p>	<p>All selected respondents.  <b>FROM THE START OF APS6 THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)</b></p>	<p>This question records the levels of instruction or coaching people have received in the last 12 months.</p>
<p><b>INSTRUCTION OR COACHING</b></p> <p>Which spots of recreational physical activities have you received tuition from an instructor or coach for in the last 12 months?</p> <p><i>DO NOT PROMPT. CODE ALL MENTIONED.</i></p>	<p>All selected respondents who have received tuition from an instructor or coach in the last 12 months</p>	<p>This question records which sports respondents have received tuition from an instructor or coach for.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>
<p>On how many days in the last four weeks have you received tuition for [INSERT ACTIVITY ]</p> <ol style="list-style-type: none"> <li>1. Every day = 28</li> <li>2. Every weekday = 20</li> <li>3. Every other day = 14</li> <li>4. Every day at weekends = 8</li> <li>5. One day every weekend = 4</li> <li>6. Other (ENTER NUMBER OF DAYS – NUMBER RANGE 0 to 28)</li> <li>7. Don't know / can't remember</li> </ol>		<p>This question determines the amount of coaching/tuition people have received in terms of frequency over the last 4 weeks. This will be additional to the 12 month figure already captured above.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>VOLUNTEERING</b></p> <p>During the last 4 weeks, that is since (^INSERT^), have you done any of the following activities on a voluntary basis without receiving any payment except to cover expenses? Please <b>EXCLUDE</b> any time spent solely supporting your own family members.</p> <ol style="list-style-type: none"> <li>1. Coached an individual or team(s) in a sport or recreational physical activity</li> <li>2. Refereed, umpired, or officiated at a sports match or competition</li> <li>3. Performed an administrative or organisational role for a sports club, organisation or event <b>PROMPT IF UNSURE</b> (e.g. chair, secretary, fixture secretary, committee member, club captain, event organiser etc.)</li> <li>4. Raised funds for a sports club or sports organisation</li> <li>5. Provided transport which helps children or adults take part in a sport (other than family members)</li> <li>6. Provided any other practical help for a sport or recreational physical activity, such as stewarding; helping with refreshments; helping with sports kit or equipment, or first aid etc</li> <li>7. Other sports voluntary activity</li> <li>8. No, have not participated in any of</li> </ol>	<p>All selected respondents.</p> <p>THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)</p>	<p>This question will capture detailed information of the types of roles people volunteer in.</p> <p>THIS QUESTION (ADDED IN OCT 2010, APS5) REPLACES THE PREVIOUS VOLUNTEERING QUESTION. IT PROVIDES GREATER DETAIL ON THE SPECIFIC ROLES OF SPORTS VOLUNTEERS.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
these activities in last 4 weeks		
During the <u>last four weeks</u> that is since (INSERT) how much time have you spent on voluntary sports work?	All respondents doing some volunteering in sport.	THIS QUESTION WAS REMOVED AT THE START OF APS 5 AS MORE DETAILED QUESTIONS (BELOW) HAVE REPLACED IT.
<p><b>VOLUNTEERING: coaching</b></p> <p>During the last 4 weeks, that is since (^INSERT^), in which sports or recreational physical activities have you coached an individual or team? Only include activity done on a voluntary basis without receiving any payment except to cover expenses. Also EXCLUDE any time spent solely supporting your own family members.</p>	All respondents who have coached an individual or team in the last 4 weeks.	<p>This question will provide us with information as to which sport people have coached and individual or team in, in a voluntary capacity in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>
<p>During the last 4 weeks, that is since (^INSERT^), how much time have you spent coaching an individual or team(s) including time spent travelling?</p> <p>Hrs.... Mins...</p>	All respondents who have coached an individual or team in the last 4 weeks.	<p>This question will indicate how much time people have spent coaching and individual or team in a voluntary capacity, in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>
<p><b>VOLUNTEERING: officiating</b></p> <p>During the last 4 weeks, that is since (^INSERT^), in which sports or recreational physical activities have you refereed, umpired, or officiated at a match/competition? Only include activity done on a voluntary basis without receiving any payment except to cover expenses. Also EXCLUDE any time spent solely supporting your own family members</p>	All respondents who have refereed, umpired, or officiated in the last 4 weeks	<p>This question will provide us with information on for which sport people have refereed, umpired, or officiated a match or competition, in a voluntary capacity in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>



QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>During the last 4 weeks, that is since (^INSERT^), how much time have you spent refereeing, umpiring, or officiating at a match/competition including time spent travelling? Hrs.... Mins...</p>	<p>All respondents who have refereed, umpired, or officiated in the last 4 weeks</p>	<p>This question will indicate how much time people have spent refereeing, umpiring, officiating a match or competition in a voluntary capacity, in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>
<p><b>VOLUNTEERING: other</b></p> <p>During the last 4 weeks, that is since (^INSERT^), in which sports or recreational physical activities have you done sport volunteering activity (apart from any coaching or officiating)?</p>	<p>All respondents who have volunteered in the last 4 weeks, apart from coaching or officiating</p>	<p>This question will provide us with information on which sports people have done other sports voluntary activity (apart from coaching and officiating) in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>
<p>During the last 4 weeks, that is since (^INSERT^), how much time have you spent on voluntary sports work including time spent travelling? Please do not include any time coaching or officiating Hrs.... Mins...</p>	<p>All respondents who have volunteered in the last 4 weeks, apart from coaching or officiating</p>	<p>This question will indicate how much time people have spent on other voluntary activities (apart from coaching and officiating) in the last 4 weeks.</p> <p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>OVERALL SPORTS PROVISION</b></p> <p>How would you rate your level of OVERALL satisfaction with sports provision in your local area?</p> <p><i>READ OUT LIST. SINGLE CODE</i></p> <ol style="list-style-type: none"> <li>1. Very satisfied</li> <li>2. Fairly satisfied</li> <li>3. Neither satisfied or dissatisfied</li> <li>4. Fairly dissatisfied</li> <li>5. Very dissatisfied</li> <li>6. No opinion/not stated</li> </ol>	<p>All selected respondents</p>	<p>This question records the overall levels of satisfaction with sporting provision in the respondent's 'local area'.</p> <p>THIS QUESTION WAS REMOVED AT THE END OF APS4 (OCT 2010) AND REINSTATED AT THE START OF APS7 ( OCT 2012)</p>
<p><b>LIKELIHOOD TO DO MORE SPORT</b></p> <p>Now thinking about the future, over the next 12 months, would you like to do more sport or recreational physical activity than you do at the moment?</p> <p>Yes No Don't know</p>	<p>All selected respondents</p>	<p>This question records whether respondents would like to do more sport than they currently do. This will highlight 'latent demand', i.e. those who would like to do more sport/recreational physical activity.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>
<p>Which one sport or recreational physical activity would you most like to do, or to do more often?</p> <p><i>SINGLE CODE</i></p>	<p>All selected respondents who would like to do more sport or recreational physical activity than they do at the moment.</p>	<p>This question records, of those who would like to do more sport or recreational physical activity, what one sport they would like to do.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2)</p>
<p>A lot of people tell us they would like to do more sport or recreational activity although they don't manage to do so. In the next 12 months, do you</p>	<p>All respondents who say they would like to do more sport or recreational physical activity than</p>	<p>This question will provide an improved measure that goes beyond a general 'would like to' statement to provide a stronger indication of intentions.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>think you will...</p> <ol style="list-style-type: none"> <li>1. Definitely do more &lt;^INSERT ACTIVITY &gt;</li> <li>2. Probably do more &lt;^INSERT ACTIVITY &gt;</li> <li>3. Do about the same &lt;^INSERT ACTIVITY &gt;</li> <li>4. Probably do less &lt;^INSERT ACTIVITY &gt;</li> <li>5. Definitely do less &lt;^INSERT ACTIVITY &gt;</li> <li>6. Don't know</li> </ol>	<p>they do at the moment.</p> <p>THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)</p>	<p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>
<p><b>CHANGE IN PARTICIPATION IN LAST 12 MONTHS</b></p> <p>Do you think you generally do more, less or the same amount of sport and recreational physical activity as you did this time last year?</p> <p>More Same Less Don't know (DO NOT READ OUT)</p>	<p>All respondents</p> <p>FROM THE START OF APS5 THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)</p>	<p>This question records whether a respondent's participation has changed over the last 12 months.</p> <p>THIS QUESTION WAS ADDED IN OCT 2008 (APS3)</p>
<p>What is the main sport or recreational physical activity that you are doing less of?</p>	<p>All respondents who are doing less sport and recreational physical activity compared to this time last year</p>	<p>Of those doing less sport or recreational physical activity, this question asks which main sport respondents are doing less of.</p> <p>THIS QUESTION WAS ADDED IN OCT 2011 (APS5)</p>
<p>What is the <b>main</b> reason why you are doing less? SINGLE CODE. DO NOT READ OUT LIST.</p>	<p>All respondents who are doing less sport and recreational</p>	<p>This question records the reasons given for respondents doing less activity than at the same time last year. This highlights if certain</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>HEALTH/DISABILITY REASONS</b></p> <ol style="list-style-type: none"> <li>1. Poor / deteriorating health</li> <li>2. Increasing age</li> <li>3. Disability</li> <li>4. Recent injury / illness / operation / medical reason</li> </ol> <p><b>INCOME AND ECONOMY</b></p> <ol style="list-style-type: none"> <li>5. Loss of job (redundancy) / loss of income / loss of home</li> <li>6. Less income / too expensive / can't afford to due to current economic conditions</li> <li>7. Less income / too expensive / can't afford to due to any other reason</li> <li>8. Lack of time due to work commitments / work longer hours / longer commuting</li> </ol> <p><b>ACCESS AND OPPORTUNITIES</b></p> <ol style="list-style-type: none"> <li>9. Not enough opportunities / inadequate facilities in my area</li> <li>10. A course, class or club finished/not available anymore</li> </ol> <p><b>OTHER</b></p> <ol style="list-style-type: none"> <li>11. Pregnancy / looking after child or baby / having a family / family commitments</li> <li>12. Less free time / lack of time for other reasons</li> <li>13. Prefer to spend time doing other</li> </ol>	<p>physical activity compared to this time last year</p>	<p>factors are more likely to contribute to reduced participation.</p> <p>THIS QUESTION WAS ADDED IN OCT 2008 (APS3)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
activities 14. Left school / not at school anymore 15. I was training for an event 16. The weather 17. Don't have a dog anymore 18. General lack of interest/motivation 19. No main reason 20. Other (please specify 21. 21. Don't know (DO NOT READ OUT)		
What is the main sport or recreational physical activity that you are doing more of?	All respondents who are doing more sport and recreational physical activity compared to this time last year	Of those doing more sport or recreational physical activity, this question asks which main sport respondents are doing more of.  THIS QUESTION WAS ADDED IN OCT 2011 (APS5)
What is the <b>main</b> reason why you are doing more?  <b>HEALTH/DISABILITY REASONS</b> 1. To improve health 2. To increase fitness 3. Health recovered (general) 4. Recovered from injury 5. To lose weight  <b>WORK, INCOME AND ECONOMY</b> 6. More income / ability to afford sports participation 7. Increased time due to reduced work commitments  <b>PERFORMANCE</b> 8. To improve skill levels 9. To increase competitive success	All respondents who are doing more sport and recreational physical activity compared to this time last year	This question records the reasons given for respondents doing more activity than at the same time last year.  THIS QUESTION WAS ADDED IN OCT 2011 (APS5)

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>10. To prepare for a sports event/charity event</p> <p><b>SOCIAL</b></p> <p>11. To spend time with family  12. To spend time with friends  13. To meet new people  14. General enjoyment/I enjoy it</p> <p><b>ACCESS AND OPPORTUNITIES</b></p> <p>15. Increased opportunities / facilities in my area  16. Moved closer to facilities</p> <p><b>OTHER LIFE CIRCUMSTANCES</b></p> <p>17. More free time because recently retired  18. More free time due to children growing up  19. More free time having completed studies  20. More free time (other reasons)  21. Got a dog  22. No main reason  23. Other (please specify)  24. Don't know  25. Refused</p>		
<p><b>DANCE AND GARDENING</b></p> <p>I have already asked you about sports and</p>	<p>All selected respondents</p>	<p>ALL THE QUESTIONS IN THE 'DANCE AND GARDENING' SECTION WERE ADDED INTO THE SURVEY ON 14<sup>th</sup> JANUARY 2009 (THE START OF QUARTER 2, ACTIVE PEOPLE</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>recreational physical activity you may have done.</p> <p>I'd now like to ask if you have done any dancing or any of the following types of gardening, <i>in the last four weeks, that is since [^INSERT^]</i>,</p> <p><b>READ OUT</b> – PLEASE <b>INCLUDE</b> ALL TYPES OF DANCING EXCEPT DANCE AS PART OF AN EXERCISE CLASS.</p> <p>PLEASE <b>EXCLUDE</b> ANY DANCING OR GARDENING WHERE YOU RECEIVED PAYMENT AS PART OF YOUR JOB.</p> <p><b>READ OUT IF REQUIRED</b> - CONSERVATION RELATED GARDENING ACTIVITIES ARE THOSE WHERE ORGANISATIONS INSPIRE INDIVIDUALS TO IMPROVE BOTH THEIR HEALTH AND THE ENVIRONMENT AT THE SAME TIME SUCH AS GREEN GYMS WHICH OFFER THE OPPORTUNITY TO TACKLE PHYSICAL JOBS IN THE OUTDOORS WHILST BENEFITING LOCAL GREEN SPACES.</p> <p>MULTICODE <b>READ OUT LIST</b></p> <p>Dancing Gardening at home Gardening at an allotment Conservation related gardening</p>		<p>SURVEY 3), REMOVED TEMPORARILY IN THE FIRST QUARTER OF APS6 AND REINSTATED IN JAN 2012 (SECOND QUARTER OF APS7).</p> <p>By expanding the coverage of Active People we will have a broader definition of physical activity that is more aligned to policy objectives which promote everyday activity for sedentary people. These questions were added by the Department for Health.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
Any other gardening No dance or gardening done Don't know (NO NOT READ OUT)		
On how many days in the last four weeks have you done [^INSERT ACTIVITY FROM Q26^]  THERE ARE 28 DAYS IN THE LAST FOUR WEEKS. SPONTANEOUS RESPONSE CODE AS BELOW. IF RESPONSE NOT GIVEN IN DAYS PROMPT, ON HOW MANY DAYS IS THAT? Every day = 28 Every weekday = 20 Every other day = 14 Every day at weekends = 8 One day every weekend = 4 Other (ENTER NUMBER OF DAYS – NUMBER RANGE 1 to 28) Don't know / can't remember	All respondents who have done gardening or dance in the last four weeks	This question records the number of days that respondents have done gardening and dance.
And how long do you USUALLY do [^INSERT ACTIVITY FROM Q26^] for?	All respondents who have done gardening or dance in the last four weeks.	This question records the length of time respondents did gardening or dance for. These have to be of at least 30 minutes duration to be eligible, so the usual duration for <i>each</i> of the activities needs to be recorded.
During the last four weeks, was the effort you put into [^INSERT ACTIVITY FROM Q26^] usually enough to raise your breathing rate?  Yes No Don't know	All respondents who have done gardening or dance in the last four weeks.	This question determines whether the activity (gardening or dance) has been carried out at a moderate intensity level.



QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>During the last four weeks, was the effort you put into [^INSERT FROM Q26^] usually enough to make you out of breath or sweat?</p> <p>Yes No Don't know</p>	<p>All respondents who have done gardening or dance in the last four weeks.</p>	<p>This question determines whether the activity (gardening or dance) has been carried out at a vigorous intensity level.</p>
<p><b>DCMS CULTURAL QUESTIONS</b></p>	<p>All selected respondents</p>	<p>These questions were in APS from April 2008 until Oct 2010, and collected data to measure the National Indicator set for culture, NI9, 10, and 11. Questions included attendance in arts, libraries and participation in any creative, artistic, theatrical or musical activity or crafts in the last 12 months. Further information can be found <a href="#">here</a>.</p>
<p><b>DEMOGRAPHICS</b></p> <p>I would like to finish the survey by asking you a few questions about you and your household. Please be assured that we are bound by the MRS code of conduct and all of your details are held in the strictest confidence.</p> <p>Gender <i>DO NOT READ OUT. CODE GENDER.</i></p>	<p>All selected respondents.</p>	<p>The remainder of the questions relate to the demographics of the respondent and his/her household. These questions enable the analysis of APS results by key demographic groups, highlighting how participation may vary across different sections of the population.</p> <p>Gender demographics.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>How old are you?</p> <p><i>ASK IF REFUSED</i> Then can you tell me, are you.... Age 25 or under Age 26 or over Refused</p> <p><i>ASK IF REFUSED</i> And which age band do you fall into? <i>READ OUT LIST. SINGLE CODE.</i></p> <p>16 to 24 25 to 34 35 to 44 45 to 54 55 to 64 65 to 74 75 to 84 85+</p>	<p>All selected respondents</p>	<p>Age demographics</p>
<p>What is your ethnic group? I will read out the options, choose one option that best describes your ethnic group or background.</p> <p><i>READ OUT. SINGLE CODE.</i></p> <p>1. White, or 2. Mixed/ Multiple ethnic groups, or 3. Asian/ Asian British, or 4. Black/ African/ Caribbean/ Black British, or</p>	<p>All selected respondents.</p>	<p>Ethnic group demographics.</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>5. Chinese, or 6. Arab, or 7. Other ethnic group</p> <p><b>IF 1 (WHITE) ASK.</b> And which one of these best describes your ethnic group or background?</p> <p>IF RESPONDENT SAYS 'ENGLAND ENGLISH', 'SCOTLAND OR SCOTTISH', 'WALES OR WELSH' OR ANY PART THESE COUNTRIES E.G. CORNWALL BRISTOL ETC. CODE AS 'BRITISH'.</p> <p>1. English / Welsh / Scottish / Northern Irish / British, or 2. Irish, or 3. Gypsy or Irish Traveller, or 4. Any other White background? – please specify</p> <p><b>IF 2 (MIXED) ASK.</b> And which one of these best describes your ethnic group or background?</p> <p>1. White and Black Caribbean, or 2. White and Black African, or 3. White and Asian, or 4. Any other mixed / multiple ethnic background? – please specify</p>		

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>IF 3 (ASIAN) ASK.</b> And which one of these best describes your ethnic group or background?</p> <ol style="list-style-type: none"> <li>1. Indian, or</li> <li>2. Pakistani, or</li> <li>3. Bangladeshi, or</li> <li>4. Any other Asian background? – please specify</li> </ol> <p><b>IF 4 (BLACK) ASK.</b> And which one of these best describes your ethnic group or background?</p> <ol style="list-style-type: none"> <li>1. African, or</li> <li>2. Caribbean, or</li> <li>3. Any other Black / African / Caribbean background? – please specify</li> </ol> <p>IF 7 (OTHER) ASK. Please can you describe your ethnic group or background?</p>		
<p>What is your religion, even if you are not currently practising?</p> <ol style="list-style-type: none"> <li>1. Christian (including Church of England, Catholic, Protestant and all other Christian denominations)</li> <li>2. Buddhist</li> <li>3. Hindu</li> <li>4. Jewish</li> <li>5. Muslim</li> <li>6. Sikh</li> </ol>	<p>All selected respondents</p> <p>QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)</p>	<p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
7. Any other religion – please specify 8. No religion 9. <i>Don't know</i> (spontaneous) 10. <i>Refused</i> (spontaneous)		
Do you consider that you are actively practising your religion?  1. Yes 2. No 3. <i>Don't know</i> (spontaneous) 4. <i>Refused</i> (spontaneous)	All selected respondents  QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)
I will now read out a list of terms people sometimes use to describe how they think of themselves.  As I read the list again please say 'yes' when you hear the option that best describes how you think of yourself.  1. Heterosexual or Straight, 2. Gay or Lesbian, 3. Bisexual, 4. Other 5. <i>Don't know</i> (spontaneous) 6. <i>Refused</i> (spontaneous)	All selected respondents  QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)
Now thinking about your education. What is the highest qualification you have obtained up to now? 1. <b>Not yet finished school – no</b>	All selected respondents  QUESTION IS ASKED TO 50%	

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><b>qualifications</b></p> <p><b>2. Never went to school</b></p> <p><b>3. Higher Education &amp; professional/vocational equivalents</b> Degree or Degree equivalent, and above Higher degree and postgraduate qualifications First degree (including B.Ed.) Postgraduate Diplomas and Certificates (including PGCE) Professional qualifications at degree level e.g. graduate member of professional institute, chartered accountant or surveyor NVQ or SVQ level 4 or 5</p> <p><b>4. Other Higher Education below degree level</b> Diplomas in higher education &amp; other higher education qualifications HNC, HND, Higher level BTEC Teaching qualifications for schools or further education (below Degree level standard) Nursing, or other medical qualifications not covered above (below Degree level standard) RSA higher diploma</p> <p><b>5. A levels, vocational level 3 &amp; equivalents</b> A level or equivalent</p>	<p>OF THE SAMPLE (RANDOMLY ALLOCATED) FROM OCT 2012.</p>	

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>AS level  SCE Higher, Scottish Certificate Sixth Year Studies or equivalent  NVQ or SVQ level 3  GNVQ Advanced or GSVQ level 3  OND, ONC, BTEC National, SCOTVEC National Certificate  City &amp; Guilds advanced craft, Part III (&amp; other names)  RSA advanced diploma</p> <p><b>6. Trade Apprenticeships</b></p> <p><b>7. GCSE/O Level grade A*-C (5 or more), vocational level 2 &amp; equivalents</b>  NVQ or SVQ level 2, GNVQ intermediate or GSVQ level 2  RSA Diploma, City &amp; Guilds Craft or Part II (&amp; other names)  BTEC, SCOTVEC first or general diploma  Et level or GCSE grade A-C, SCE Standard or Ordinary grades 1-3</p> <p><b>8. GCSE/O Level grade (less than 5 A*-C), other qualifications at level 1 and below</b>  NVQ or SVQ level 1, GNVQ Foundation level, GSVQ level 1  GCSE or O level below grade C, SCE Standard or Ordinary below grade 3  CSE below grade 1, BTEC, SCOTVEC first or general certificate</p>		

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>SCOTVEC modules, RSA Stage I, II, or III, City and Guilds part 1 Junior certificate</p> <p><b>9. Other qualifications – please specify</b> Other vocational or professional or foreign qualifications</p> <p><b>10. No qualifications</b></p> <p>11. Don't know</p> <p>12. Refused</p>		
<p>Now thinking about your education. At what age did you finish your continuous full-time education at school or college? <i>READ OUT. SINGLE CODE.</i></p> <p>Not yet finished Never went to school 14 or under 15 16 17 18 19 20 21 or over Don't know Refused</p>	<p>All selected respondents.</p>	<p>Educational attainment demographics.</p> <p>THIS QUESTION WAS ADDED IN OCT 2007 (APS2), AND REMOVED AT THE START OF APS5, AS AN IMPROVED SET OF QUESTIONS HAVE BEEN ADDED AROUND EDUCATION (BELOW).</p>
<p>At what stage of your full time education are you at? <i>READ OUT, SINGLE CODE</i></p>	<p>All respondents who have not yet finished their continuous full-time education at school or college</p>	<p>The Stage of education.</p> <p>THIS QUESTION WAS ADDED INTO THE 2007/8 SURVEY (APS</p>



QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
At school in Year 11 At school in 6th form At 6th form college At a further education college At a University or other higher education institution Don't know Refused		2), AND REMOVED AT THE START OF APS5, AS AN IMPROVED SET OF QUESTIONS HAVE BEEN ADDED AROUND EDUCATION (BELOW).
Is the accommodation you live in...? <i>READ OUT AND STOP WHEN GIVEN AN ANSWER. PROBE AS NECESSARY. SINGLE CODE.</i> Owned outright Owned, with mortgage Rented from Council Rented from housing association Rented with job/business Rented privately, unfurnished Rented privately, furnished Free – comes with job or part of pay package Other	All selected respondents.	Household demographics.
Please tell me how many people aged 15 or under currently live in your household? 1 2 3 4 5 6 7 8 9	All selected respondents	Children in household

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
10 or ore Don't know Refused		
Starting with the oldest first could you tell me how old are they? RECORD AGE OF EACH	All respondents who have people aged 15 and under currently in their household	Age of children in household
Is there a car or van normally available for use by you or any members of your household? Include any provided by employers if normally available for private use by you or members of household <i>ASK IF YES</i> How many?	All selected respondents.  FROM THE START OF APS 5, THIS QUESTION IS ONLY ASKED OF HALF THE SAMPLE.	Car ownership demographics.  THIS QUESTION WAS REMOVED IN OCT 2012 (APS7)
<b>LIFE SATISFACTION</b>  On a scale of nought to 10, where nought is 'not at all' and 10 is 'completely'. Overall, how satisfied are you with your life nowadays?  RECORD NUMBER – RANGE 0 -10	All selected respondents.  THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)
How is your health in general? Would you say it was....  1. Very good 2. Good 3. Fair 4. Bad 5. Very Bad 6. Refused	All selected respondents.  THIS QUESTION IS ASKED TO 50% OF THE SAMPLE (RANDOMLY ALLOCATED)	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)
Do you have a long-standing illness, disability or infirmity? By longstanding I mean anything that has troubled you over a long period of time or that is likely to affect you over a period of time.	All selected respondents.	Disability and long-term illness demographics.

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>ASK IF YES Does this illness or disability limit your activities in any way?</p>	<p>All selected respondents with a long-standing illness, disability or infirmity.</p>	
<p>Does this disability or illness affect you in any of the following areas?</p> <ol style="list-style-type: none"> <li>1. Vision, for example, due to blindness or partial sight</li> <li>2. Hearing, for example, due to deafness or partial hearing</li> <li>3. Mobility, such as difficulty walking short distances, climbing stairs, lifting &amp; carrying objects</li> <li>4. Learning or concentrating or remembering.</li> <li>5. Mental Health</li> <li>6. Stamina or breathing difficulty</li> <li>7. Social or behavioural issues, for example, due to neuro diverse conditions such as Autism, Attention Deficit or Aspergers' Syndrome</li> <li>8. Difficulty speaking or making yourself understood</li> <li>9. Dexterity difficulties, by that I mean lifting, grasping or holding objects</li> <li>10. Long-term pain or discomfort that is always present or reoccurs from time to time</li> <li>11. Affects me in some other way</li> <li>12. Don't know</li> </ol>	<p>All respondents with a long-standing illness, disability or infirmity.</p>	<p>THIS QUESTION WAS ADDED IN OCT 2010 (APS5)</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
13. Refused		
<p><b>BMI QUESTIONS (BODY MASS INDEX)</b></p> <p>I would like to ask you about your height and weight. There is an interest in how people's weight, given their height, is associated with their health.</p> <p>Firstly, how tall are you without shoes? You may provide your height in feet and inches or in centimetres.</p>	All selected respondents.	<p>This question is asked to ascertain respondents BMI.</p> <p>THIS QUESTION WAS ADDED IN JAN 2012</p>
<p>Would you say that you know your height accurately, this is a pretty good estimate, or this is a guess?</p> <ol style="list-style-type: none"> <li>1. Accurately</li> <li>2. A pretty good estimate</li> <li>3. A guess</li> <li>4. Refused</li> </ol>	All selected respondents.	
<p>What is your current weight? You may provide this in stones and pounds or kilograms.</p>	All selected respondents.	
<p>Would you say that you know your weight accurately, this is a pretty good estimate, or this is a guess?</p> <ol style="list-style-type: none"> <li>1. Accurately</li> <li>2. A pretty good estimate</li> <li>3. A guess</li> <li>4. Refused</li> </ol>	All selected respondents.	
<p>Would you say that for your height you are...</p>	All selected respondents.	

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p>READ OUT</p> <ol style="list-style-type: none"> <li>1. About the right weight</li> <li>2. Underweight</li> <li>3. Slightly overweight</li> <li>4. Very overweight</li> <li>5. Don't know</li> <li>6. Refused</li> </ol>		
<p>I need to check because it affects weight – are you pregnant at present?</p> <ol style="list-style-type: none"> <li>1. Yes</li> <li>2. No</li> <li>3. Refused</li> </ol>	All selected respondents.	
<p>What is your current working status?  <b>DO NOT READ OUT BUT PROMPT FROM LIST AS REQUIRED. SINGLE CODE MAIN STATUS</b></p> <ol style="list-style-type: none"> <li>1. Working full-time (30+ hours per week)</li> <li>2. Working part-time (9 to 29 hours per week)</li> <li>3. Unemployed – less than 12 months</li> <li>4. Unemployed (long term) – more than 12 months</li> <li>5. Not working – retired</li> <li>6. Not working – looking after house/children</li> <li>7. Not working – long term sick or disabled</li> <li>8. Student – in full-time education</li> </ol>	All selected respondents.	

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
studying for a recognised qualification 9. Student – in part-time education studying for a recognised qualification 10. Other 11. Refused 12. [DO NOT READ] RESPONDENT QUILTS INTERVIEW [GO TO COLLECTION OF POSTCODE]		
Can I just check, are you currently studying for a recognised qualification?  1. Yes – part-time 2. Yes – full-time 3. Not studying for a recognised qualification 4. Don't know	All selected respondents	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)  This question enables the analysis of results by respondents who are in education, both full time and part time.
Are you studying with or at.....  <i>CODE ALL THAT APPLY</i>  1. School Year 11 [DISPLAY IF D2 = 16 or D3 = 1] 2. At school sixth form [DISPLAY IF D2 = 16, 17, 18 or 19 or D3 = 1] 3. At sixth form college 4. At a further education college or other further education institution 5. At a university or other high education institution	All selected respondents	THIS QUESTION WAS ADDED IN OCT 2010 (APS5)  This question identifies the place at which people are studying.

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
6. Other 7. Don't know		
Have you ever worked?  1. Yes 2. No	All selected respondents who are not currently working	
<p><i>SOC UNIT GROUP (A-C) AND EMPLOYMENT STATUS/SIZE OF ORGANISATION VARIABLE (D-H) USED TO DERIVE NS – SEC. NS-SEC CODED TO OPERATIONAL CATEGORIES THEN TO ANALYTIC CLASSES</i></p> <p>What does [did] the firm/organisation you work [worked] for mainly make or do at the place where you work [worked]?</p> <p>What was your main job in the week ending last Sunday [your last main job]?</p> <p>What do [did] you mainly do in your job?</p> <p>What qualifications are required for your job?</p> <p>Are (were) you working as an employee or are (were) you self-employed?</p> <p>In your job do (did) you have any formal responsibility for supervising the work of other employees?  <i>PLEASE DO NOT INCLUDE SUPERVISORS OF CHILDREN E.G. TEACHERS, NANNIES, CHILD</i></p>	<p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p> <p>All selected respondents.</p>	<p>Employment and social class demographics.</p> <p>This long series of questions are necessary to allow coding for the new NS-SEC classification (National Statistics Socio Economic Classification).</p>

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<p><i>MINDERS, SUPERVISORS OF ANIMALS, OR PEOPLE WHO SUPERVISE SECURITY OR BUILDINGS ONLY</i></p> <p>How many employees [are there / were there] at the place where you [work/ worked]?</p> <p>How many employees are [were] you responsible for?</p> <p><i>ASK IF SELF EMPLOYED</i> [Are [were] you working on your own or do (did) you have employees?</p> <p><i>ASK IF HAVE EMPLOYEES</i> How many people do (did) you employ at the place where you work [worked]?</p> <p><i>ALL EMPLOYMENT QUESTIONS ARE REPEATED FOR HOUSEHOLD REFERENCE PERSON WHERE THIS IS NOT THE RESPONDENT.</i></p>	<p>All selected respondents.</p> <p>All selected respondents.</p> <p>All self-employed respondents.</p> <p>All self-employed respondents.</p>	<p>HOUSEHOLD REFERENCE PERSON QUESTIONS REMOVED IN OCT 2012 (APS7)</p>
<p>We want to know if income affects people's ability to participate in various sporting activities. Is your total household income, that is income from all sources before tax and other deductions, above or below £31,200?</p> <p><i>READ OUT POSSIBLE INCOME BANDS SINGLE CODE</i></p>	<p>All selected respondents.</p> <p>ASKED OF HALF THE SAMPLE.</p>	<p>Household income demographics.</p> <p>THIS QUESTION WAS REMOVED IN OCT 2012 (APS7).</p>



QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
<ol style="list-style-type: none"> <li>1. Up to £10,399</li> <li>2. £10,400 to £20,799</li> <li>3. £20,800 to £31,199</li> <li>4. £31,200 to £41,599</li> <li>5. £41,600 to £51,999</li> <li>6. £52,000 or more</li> <li>7. Don't know</li> <li>8. Refused</li> </ol>		
<p><b>ADDRESS DETAILS</b></p> <p>Can I take your full postcode?</p> <p><i>ADD IF NECESSARY: THE INFORMATION WILL BE USED TO SHAPE LOCAL SERVICES IN THE FUTURE SO WE NEED TO CONFIRM EXACTLY WHERE YOU LIVE. PLEASE BE REASSURED THAT THE ANSWERS YOU GIVE WILL BE ADDED TO THOSE FROM OTHER PEOPLE IN YOUR AREA FOR AN OVERALL PICTURE.</i></p> <p>This is (display address), Is this correct?</p> <p>Please can you give me your house name or number?</p>	All selected respondents.	<p>The respondent's postcode will be used to collect information on which Local Authority the respondent lives in. This enables the analysis of survey results at local authority level.</p> <p>The Postcode Database is used to confirm that the Postcode given matches the correct address for the second part of the question.</p>
<p>Please can you tell me the name of your and town or village?</p> <p>Can you give me the first part of your postcode?</p>	All selected respondents unable or unwilling to provide valid full postcode.	Where postcodes are unavailable, these questions will provide the information on which Local Authority the respondent lives in.
<p>Which of the following local authorities do you live</p>	All respondents unable or	If no post code or address is provided, this question will confirm

QUESTION	WHO IS ASKED THE QUESTION?	ADDITIONAL INFORMATION
in?	unwilling to provide address details.	which Local Authority the respondent lives in.
<p>This survey was commissioned by Sport England, thank you for taking part. Would you be willing for us to keep a record of your details so Sport England, or an organisation acting on their behalf, may re-contact you to ask you further questions on this survey or to take part in future research on this subject? There would be no obligation for you to take part.</p> <p>1. Yes 2. No</p>	All selected respondents.	This provides Sport England with the opportunity to re-contact respondents (with their permission) for further possible research.
<p>In order to carry out this future research, TNS may also need to provide your contact details together with relevant survey responses collected from you during this interview to Sport England or an organisation acting on their behalf. Would you be willing for this information to be passed on?</p> <p>INTERVIEWER ADD IF NECESSARY: The information that we pass on may include the activities that you participate in or some of the classification data such as your age or sex. We would only pass your contact details and interview information onto Sport England or another research company doing legitimate research on behalf of Sport England, your interview data would never be passed to anyone else or used for commercial purposes.</p>	All respondents who stated they are happy for a record of their details to be kept for future research.	
Thank you on behalf of TNS. If you have any	All selected respondents.	This provides respondents with reassurance about how the survey

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<p>queries about the survey please call our helpline number. I can also give you the Market Research Society number:  Active People Survey Helpline: 0800 051 0888  MRS: 0500 39 69 99  MRS number can provide confirmation that we are a genuine market research company.</p> <p>Thank you very much for your time and help.</p> <p>I would like to confirm that my name is ....., calling from Kantar Operations. This interview was conducted within the Code of Conduct of the Market Research Society. All your replies will be treated in the strictest confidence. If you would like to check any details about the interview, I can give you the relevant number to call.</p> <p>IF YES:</p> <ol style="list-style-type: none"> <li>1. To verify 'Kantar Operations' as a registered Market Research Organisation, with a professional Code of Conduct, please call the Market Research Society's verification service on Freephone 0500 39 69 99 - which will connect you free of charge.</li> <li>2. For further information about my company or the nature of this particular survey, you may contact: The Telephone Centre Manager.</li> </ol>		<p>is being conducted and the opportunity to contact somebody if desired.</p>