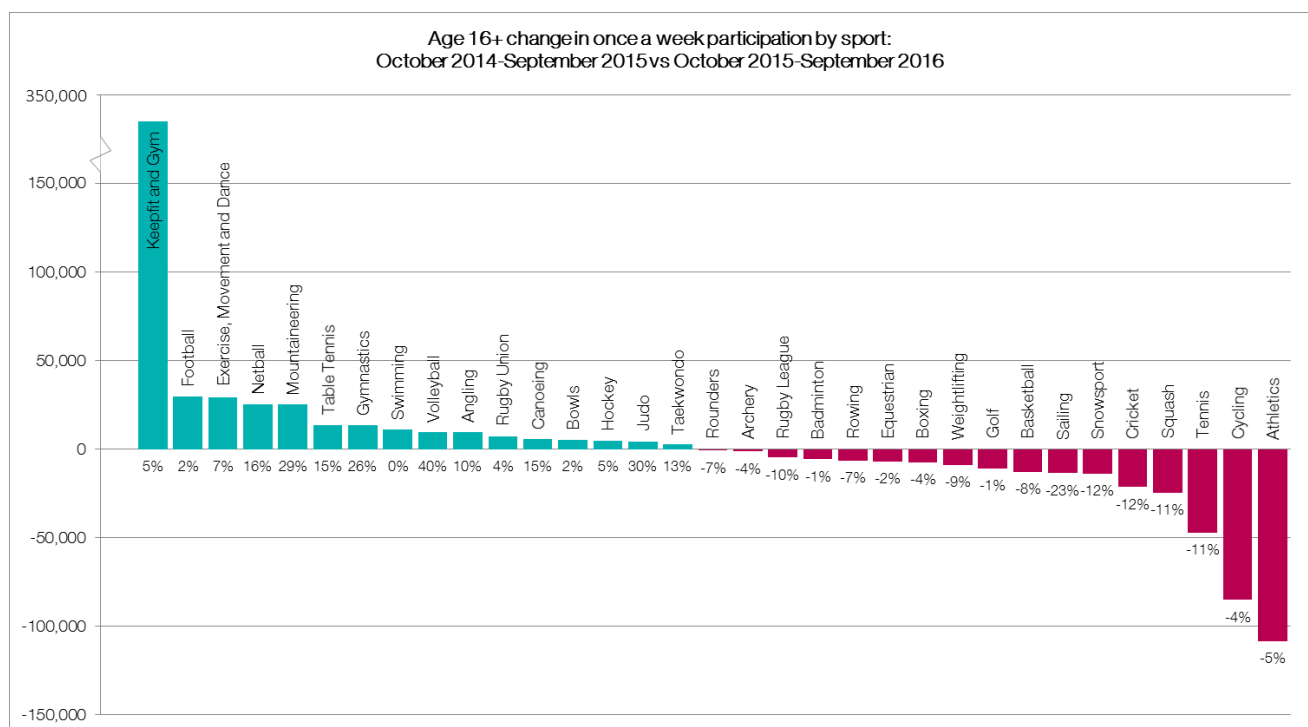


Once a week participation in funded sports amongst people aged 16 years and over

Sport England monitors the amount of sport people play. As well as overall strategy and insight, this information also underpins performance management of the National Governing Bodies (NGBs) that we fund. As part of their Whole Sport Plans for 2013-17, most NGBs have participation targets based on the number of people playing their sport at least once a weekⁱ. Currently, 2013-17 performance is judged using data for people aged 16 years and over. Data covering 14-15-year-olds is published separately as part of this release.

Change in once a week participation in funded sports and keepfit & gym (October 2015–September 2016 vs October 2014–September 2015)



Note: % figures represent the relative change in the sport's participation numbers compared with 12 months ago
 Source: Sport England's Active People Survey

Comparison of the latest period October 2015 – September 2016 (APS10) with results for the previous 12 months October 2014 – September 2015 (APS9) shows:

- 15 funded sports have a positive change in participation
- 17 funded sports having a negative change

ⁱ This is defined as those who have participated for 30 minutes at moderate intensity for at least four days in the previous 28 days.

Table 1: Once a week participation in funded sports (16 years and over)

Sport England NGB 13-17 Funded sports	APS1 (Oct 2005-Oct 2006)		APS9 (Oct 2014 - Sep 2015)		APS9Q3 - APS10Q2 (Apr 2015 - Mar 2016)		APS10 (Oct 2015 - Sep 2016)	
	%	n	%	n	%	n	%	n
Swimming	8.04%	3,273,800	5.70%	2,505,700	5.68%	2,497,800	5.67%	2,516,700
Athletics	3.33%	1,353,800	5.29%	2,326,200	5.37%	2,354,800	5.01%	2,217,800
Cycling	4.14%	1,685,700	4.63%	2,035,500	4.59%	2,016,300	4.40%	1,950,300
Football	4.97%	2,021,700	4.17%	1,815,000	4.28%	1,851,500	4.21%	1,844,900
Golf	2.18%	889,100	1.68%	740,100	1.67%	738,200	1.64%	729,300
Exercise, Movement and Dance ¹	*	*	0.93%	407,800	1.02%	447,700	0.98%	437,200
Badminton	1.27%	516,700	0.98%	431,600	0.97%	421,600	0.97%	425,800
Tennis	1.12%	457,200	1.02%	445,200	0.98%	428,600	0.90%	398,100
Equestrian	0.77%	314,600	0.66%	289,400	0.66%	289,900	0.64%	282,400
Bowls ²	2.21%	309,800	1.33%	206,700	1.30%	205,500	1.33%	211,900
Squash and racketball	0.74%	299,800	0.51%	224,200	0.48%	212,600	0.45%	199,500
Rugby Union	0.46%	185,600	0.44%	191,900	0.46%	196,900	0.46%	199,000
Netball	0.27%	111,700	0.36%	154,800	0.39%	164,100	0.42%	180,200
Boxing	0.28%	115,500	0.38%	166,400	0.37%	159,100	0.36%	159,000
Cricket	0.48%	195,200	0.41%	179,900	0.42%	179,700	0.36%	158,500
Basketball	0.39%	158,300	0.38%	163,800	0.33%	139,100	0.35%	150,800
Mountaineering ³	0.16%	67,000	0.19%	85,100	0.24%	104,300	0.25%	110,200
Table Tennis	0.17%	69,400	0.21%	93,500	0.24%	102,600	0.24%	107,100
Angling ⁴	*	*	0.22%	96,700	0.23%	100,600	0.24%	106,200
Snowsport	0.31%	127,400	0.26%	113,500	0.23%	101,800	0.23%	99,800
Hockey	0.23%	93,900	0.20%	88,200	0.20%	85,700	0.22%	92,700
Weightlifting ⁵	*	*	0.22%	97,100	0.22%	97,600	0.20%	88,100
Rowing ⁶	*	*	0.21%	89,900	0.16%	71,300	0.19%	83,400
Gymnastics	0.14%	58,900	0.12%	51,700	0.12%	49,800	0.15%	65,100
Shooting ⁷	0.14%	58,200	0.09%	37,800	0.11%	47,500	0.13%	56,600
Sailing	0.16%	64,000	0.13%	59,100	0.14%	59,500	0.10%	45,600
Rugby League	0.18%	73,700	0.12%	49,700	0.12%	49,500	0.10%	44,900
Canoeing	0.09%	36,500	0.08%	36,400	0.10%	42,600	0.09%	41,900
Volleyball	0.08%	32,700	0.06%	24,200	0.07%	28,900	0.08%	33,800
Archery ⁷	0.06%	23,400	0.08%	33,700	0.07%	32,800	0.07%	32,400
Taekwondo	0.05%	19,000	0.05%	21,100	0.05%	23,100	0.06%	23,900
Judo	0.04%	17,200	0.03%	14,500	0.04%	16,700	0.04%	18,900
Rounders	0.04%	16,500	0.03%	13,700	0.03%	13,100	0.03%	12,800

Source: Sport England's Active People Survey

Notes

Unless otherwise stated, participation in each sport is defined as the number of adults in England (age 16 plus) who have taken part in the sport at moderate intensity for 30 minutes or more at least once in the last week (at least four days out of the previous 28 days).

Notes on individual sports (referenced in the sport table):

- 1 From APS5 onwards results for exercise, movement and dance include dance exercise, body jam, medau, zumba
- 2 The participation rate for bowls refers to the proportion of the population aged 55 or over participating at any intensity.
- 3 Since publication of the APS3 results in December 2009, mountaineering figures have been recalculated to exclude ice climbing but include bouldering and mountain walking
- 4 Angling results include respondents who reported angling participation in response to the fishing check questions that were added to the survey in APS5.
- 5 Since publication of the APS3 results in December 2009, weightlifting figures are now calculated from the following activities Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport.
- 6 From APS5 onwards rowing figures include both rowing - water based and rowing - indoor / rowing machine
- 7 Results for shooting and archery include participation of any intensity.

The latest, interim results are based on interviews conducted between October 2015 and September 2016. 163,000 adults in England (age 16+) were interviewed by telephone.

ONS population data from 2005 (APS1), 2014 (APS9 and April 2015-March 2016) and 2015 (APS10) has been used to provide population numbers.

Individual high weights are capped where the following criteria are met: 1) a sport has more than 1% of participants with a high weight; 2) the index of difference between uncapped result and revised result where the maximum weight has been reduced is greater than 98 to 102; 3) the participant base is sufficient to measure 'change'.

For sports which have multiple disciplines, the following list highlights the disciplines currently included within each sport:

Angling: game fishing, coarse fishing, sea fishing, wheelchair sports - fishing

Archery: Archery, wheelchair sports - archery

Athletics: athletics field, athletics track, running track, running cross-country/road, running road, running ultra marathon, jogging

Badminton: badminton - indoor, badminton - outdoor

Basketball: basketball - indoor, basketball - outdoor

Bowls: Bowls - Crown green, Bowls - Flat green outdoor, Bowls - Flat green indoor, Bowls - Short mat, Bowls - Carpet

Boxing: boxing, boxing fitness class

Canoeing & kayaking: Canoeing & kayaking: canoeing, canoe polo, kayaking, whitewater kayaking, rafting

Climbing & mountaineering: climbing indoor, climbing rock, mountaineering, mountaineering high altitude, hill trekking, hill walking, bouldering, mountain walking

Cricket: Cricket (outdoors) - match, cricket (indoors) - match, cricket (outdoor) - nets / practice, cricket (indoors) - nets / practice, cricket - other

Cycling: Cycling includes recreational and competitive cycling (including BMX, cyclo-cross and mountain biking) but excludes any cycling which is exclusively for travel purposes only.

Equestrian horse riding, dressage, pony trekking, show jumping, three-day eventing, trotting, polocrosse

Exercise, movement and dance: dance exercise, body jam, medau, zumba

Football: Football (indoors) – small sided (e.g. 5-a-side), football (indoors) - other, football (outdoors) – small sided (e.g. 5-a-side), football (outdoors) – 11-a-side, futsal, football (outdoors) – Other

Golf: full course, golf - short course / par 3 / pitch and putt, golf - driving range, golf – putting

Gymnastics: gymnastics and trampolining

Hockey: Hockey - field (indoor), Hockey - field (outdoor)

Judo: Judo - contact, Judo - non contact

Netball: netball - indoor, netball – outdoor

Rowing: rowing - water based, rowing - indoor / rowing machine

Rugby League: Rugby league - 13 a side game, rugby league - tag rugby, rugby league - touch rugby, rugby league - other

Rugby Union: Rugby union - 15 a side game, rugby union – sevens, rugby union - tag rugby, rugby union - touch rugby, rugby union - other

Sailing: Windsurfing or Boardsailing, Jet ski-ing / aquabike / personal water craft, Sailing – dinghy racing (inc. multihull), sailing – dinghy cruising (inc. multihull), sailing – keelboat racing, sailing – keelboat cruising, sailing – yacht racing (inc. multihull), sailing – yacht cruising (inc. multihull), powerboat racing

Snowsport: Alpine skiing, freestyle skiing, Nordic skiing, snowboarding

Shooting: shooting, shooting (air rifle), shooting (clay pigeon), shooting (pistol)

Squash: squash and racketball

Swimming: all swimming and diving (indoor and outdoor), water polo, deep water swimming, open water swimming, deep water diving

Table tennis: table tennis - indoor, table tennis - outdoor, wheelchair sports - table tennis

Tennis: Tennis, wheelchair sports - tennis

Weightlifting: Weightlifting (Olympic) - Snatch / Clean & Jerk, Powerlifting Paralympic - Bench press, Weight training (free weights) - for specific sport