

British Canoe Union Support Guidance for the Community Sports Coach Scheme

Sport	CANOEING
<p>BCU deployment focus for the Community Sports Coaches, linked to our player pathway and relevant development initiatives.</p>	<p>Canoeing (or Paddlesport) is a multi discipline sport with many opportunities for young people. The sport has 2 Olympic disciplines – Canoe Slalom and Sprint racing – plus Freestyle, Wild Water Racing, Canoe Polo, Surf and Canoe Sailing. In addition there are “life style” and recreational pathways including opportunities for outdoor and adventurous activity, leadership and personal development. Our aim is that all young people introduced to the sport have the opportunity to follow a pathway of their choice - from community (participation) to performance (medals); to Start, Stay and Succeed.</p> <p>The focus of the CSC within canoeing would be to develop and deliver after school sessions based around schools and our clubs. Working at the Learn to Train level - this would involve developing/maintaining quality school links through existing structures to the integration of the paddlers into regular club activity run by our volunteers. These coaches could provide the essential link to our clubs and improve the quality of delivery at this level. We anticipate 80% of their time will be spent coaching.</p> <p>Whilst canoeing is not an early specialization sport – it is important for young paddlers to be introduced to the specific skills / balance before reaching PHV whilst they have a lower centre of gravity. The deployment of a canoe specific community sports coach therefore would be primarily with this key age group to coach within the pathway outlined below. They may link to other coaching opportunities to provide the generic LTAD aspects or deliver themselves.</p> <p>The current paddler pathway is supported by a hub club system (Top Club) and the BCU schemes/initiatives for young people including Paddlepower, GirlPower, the Lightning Programme, Diamond Slalom and Wavehopper scheme. The BCU is currently working with Sport England and Istvan Balyi to develop a Long Term Paddler Development framework and pathway and currently features:</p> <p>9-11 years The age range when ideally children are introduced to canoeing – one session leading to 2/3 sessions per week. Priority activities as this stage include –</p> <p>Generic/land based</p> <ul style="list-style-type: none"> • Multi sport activity – especially swimming and the full range of FUNdamental movement skills • Gym based physical development and PMCV opportunities • School based “dry start” introductions to paddling with paddling ergo machines and fit balls <p>Pool/club based</p> <ul style="list-style-type: none"> • Water confidence and water safety skills/awareness - team & water ball skill games - experience of multi-discipline boats – canoe and kayak • Foundation of good forward paddling skills and paddlesport specific skills • Introduction to discipline specific initiatives – Lightning events, Diamond Slalom, pool slaloms etc. • Integration into the club activities and social structure

	<p>12 – 14 years Continued development of core functional strength activities, multi-sport exposure, experience of different boats/disciplines, plus more specific training and the introduction to regional and national competitions. At this point there will be a growing distinction between flat water and moving water pathways with specialisation in discipline specific skills and equipment.</p>																																										
<p>Minimum level of NGB coaching qualification for coaches employed through the Community Sports Coach Scheme</p>	<p>BCU Level 2 coach with relevant discipline specific experience or qualifications and CRB checked – for moving water coaches Level 3 minimum</p> <p>It is recommended that the coaches complete the BCU “Coaching Young Paddlers Module”, attends the relevant scUK workshops and be committed to CPD to obtain discipline specific awards and relevant qualifications and endorsements.</p>																																										
<p>BCU Priority Areas</p>	<p>Based on strategic need our priority areas relate to the availability of water (moving and flat water), and current club/coaching structure in those areas to support development of our various programmes and plans. In addition we have focussed on clubs currently supported by the Community Club Development Programme. All clubs have achieved or will be working toward Club Mark and Top Club. Some of these clubs are located in or near IMD areas and /or are a BCU Equity priority focus. Funding from the School Club links programme will support bids in 8 of our priority CSP’s with future funding built into our One Stop Plan.</p> <table border="0"> <thead> <tr> <th data-bbox="495 715 770 746">County Partnership</th> <th data-bbox="880 715 1032 746">Town/Area</th> </tr> </thead> <tbody> <tr> <td data-bbox="495 751 622 778">Berkshire</td> <td data-bbox="880 751 1160 778">Reading, Wokingham</td> </tr> <tr> <td data-bbox="495 783 584 810">Surrey</td> <td data-bbox="880 783 1480 810">Weybridge, Guildford, Shepperton/Addlestone</td> </tr> <tr> <td data-bbox="495 815 595 842">London</td> <td data-bbox="880 815 1794 842">Richmond & Teddington, Westminster/Kensington & Chelsea, Islington,</td> </tr> <tr> <td data-bbox="495 847 577 874">Essex</td> <td data-bbox="880 847 1357 874">Chelmsford, Barking and Dagenham</td> </tr> <tr> <td data-bbox="495 879 696 906">Worcestershire</td> <td data-bbox="880 879 1155 906">Evesham, Worcester</td> </tr> <tr> <td data-bbox="495 911 667 938">Staffordshire</td> <td data-bbox="880 911 1061 938">Stone, Burton</td> </tr> <tr> <td data-bbox="495 943 712 970">Nottinghamshire</td> <td data-bbox="880 943 1032 970">Nottingham</td> </tr> <tr> <td data-bbox="495 975 651 1002">West Yorks</td> <td data-bbox="880 975 1379 1002">Huddersfield, Bradford, Leeds, Halifax</td> </tr> <tr> <td data-bbox="495 1007 658 1034">South Yorks</td> <td data-bbox="880 1007 1016 1034">Doncaster</td> </tr> <tr> <td data-bbox="495 1038 667 1066">Bedfordshire</td> <td data-bbox="880 1038 1111 1066">Leighton Buzzard</td> </tr> </tbody> </table> <p>Our second priority group are:</p> <table border="0"> <tbody> <tr> <td data-bbox="495 1158 607 1185">Teesside</td> <td data-bbox="880 1158 999 1185">Stockton</td> </tr> <tr> <td data-bbox="495 1190 640 1217">Hampshire</td> <td data-bbox="880 1190 1003 1217">Salisbury</td> </tr> <tr> <td data-bbox="495 1222 640 1249">Derbyshire</td> <td data-bbox="880 1222 987 1249">Matlock</td> </tr> <tr> <td data-bbox="495 1254 651 1281">Merseyside</td> <td data-bbox="880 1254 1003 1281">Liverpool</td> </tr> <tr> <td data-bbox="495 1286 618 1313">Cheshire</td> <td data-bbox="880 1286 1144 1313">Chester, Warrington</td> </tr> <tr> <td data-bbox="495 1318 595 1345">Norfolk</td> <td data-bbox="880 1318 987 1345">Norwich</td> </tr> <tr> <td data-bbox="495 1350 613 1377">Cornwall</td> <td data-bbox="880 1350 1055 1377">Fowey, Bude</td> </tr> <tr> <td data-bbox="495 1382 584 1409">Devon</td> <td data-bbox="880 1382 965 1409">Exeter</td> </tr> <tr> <td data-bbox="495 1414 640 1441">Lancashire</td> <td data-bbox="880 1414 981 1441">Burnley</td> </tr> <tr> <td data-bbox="495 1445 562 1473">Kent</td> <td data-bbox="880 1445 1111 1473">Maidstone, Hythe</td> </tr> </tbody> </table>	County Partnership	Town/Area	Berkshire	Reading, Wokingham	Surrey	Weybridge, Guildford, Shepperton/Addlestone	London	Richmond & Teddington, Westminster/Kensington & Chelsea, Islington,	Essex	Chelmsford, Barking and Dagenham	Worcestershire	Evesham, Worcester	Staffordshire	Stone, Burton	Nottinghamshire	Nottingham	West Yorks	Huddersfield, Bradford, Leeds, Halifax	South Yorks	Doncaster	Bedfordshire	Leighton Buzzard	Teesside	Stockton	Hampshire	Salisbury	Derbyshire	Matlock	Merseyside	Liverpool	Cheshire	Chester, Warrington	Norfolk	Norwich	Cornwall	Fowey, Bude	Devon	Exeter	Lancashire	Burnley	Kent	Maidstone, Hythe
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