

## NGB Support Guidance for the Community Sports Coach Scheme

Sport	<b>MOVEMENT, EXERCISE AND DANCE</b>
<p>NGB deployment focus for the Community Sports Coaches, linked to the NGB player pathway and relevant development initiatives.</p>	<p>Based within the community, attached to schools, after school clubs, adult/community education, tenants associations, initiatives in health/educational action zones etc. Sessions reflect the stages of development and focus on the development of a rich movement vocabulary alongside the development of both health and skill related components of fitness. There is emphasis on developing creativity, confidence, self esteem and critical faculty; as well as establishing patterns of physical activity and healthy lifestyle for life.</p> <p>The work offers variety and challenge moving across the spectrum from expressive dance to pure health related exercise, with the added benefit of relating skills learned to other sporting activity and knowledge of the effect of physical activity on the body – covering aspects of the National Curriculum in Health related Fitness, P.E. and Science.</p> <p>Training would be available to offer complementary skills to staff involved from other disciplines and young people can access training at age 16 to the Certificate in Teaching Movement &amp; Dance Fitness.</p>
<p>Minimum level of NGB coaching qualification for coaches employed through the Community Sports Coach Scheme</p>	<p>Cert in Teaching Children &amp; Young People KFA. Access to this training is via holders of Teachers Cert: In Movement, Exercise &amp; Dance KFA or APL for other recognised teaching/coaching qualifications. These are Level 3 qualifications offering progression to full NVQ. All candidates entering training have to submit to an Enhanced disclosure check via CRB and may not proceed to assessment until clearance is given. The KFA has a system of continuing professional development and for registered teachers offers automatic access to the Register of Exercise Professionals at Advanced grade</p> <p>A further qualification is available for those who have successfully completed the above course, this focuses on the requirements of delivering the National Curriculum in dance across the 4 Key Stages.</p> <p>A new KFA level 2 qualification is currently being developed for those who work in the childcare sector and already possess some knowledge and experience of working with children.</p>
<p>NGB Priority Partnership areas</p>	<p>ALL KFA subdivided into 9 regions: N. East, N. West, Yorkshire, E. Midlands, W. Midlands, S. East, S. Counties, S.West. These are further divided into areas and branches. Currently active 'Youth Moves' teachers are scattered across the country and there is a need to train more teachers urgently.</p>
<p>NGB contact details</p>	<p>Tonia Gabriel Youth Moves Training Advisor KFA, Suite 1.05, Astra House, Arklow Rd, London SE14 6EB T(KFA): 0208 6929566 T (TG): 01706 842387 E: <a href="mailto:tonia@primemover.demon.co.uk">tonia@primemover.demon.co.uk</a></p>