

## Continuous Professional Development Programme

In March 2007 Sport England committed investment £38m into local sports clubs and coaches across the country between April 2007 and March 2010. The investment decisions were made regionally through Regional Sports Boards to 28 National Governing Bodies (NGBs).

The focus of the Club and Coach Development work is to strengthen the player pathway by providing high-quality coaches and high-quality clubs. Key elements are: - the number of high-quality clubs, number of high-quality coaches and the ability of the National Governing Body (NGB) to deliver against a clear player pathway for both participants and coaches.



Alongside increasing participation within sport the Club and Coach Development Fund will also address sustaining retention in sport, within quality assured environments.

Within the context of the UK Coaching Framework and the current coaching climate, Sport England and sports coach UK committed to engage with the Governing Bodies, to work collaboratively to support the NGB provision of a managed continuous professional development programme for employed coaches and officers within the Club and Coach Fund initiative.

Through a detailed consultation process with National Governing Body Regional Officers in the North East, the attached Continuous Professional Development programme has been formulated to support coaches' development and delivery across the regions sports programmes. The programme and course themes have been devised utilising all the information gathered through 17 individual sport meetings.

The Courses are available to anyone undertaking a coaching and/or development role deployed through the Club and coach funding. Please find details of the courses on the next two pages. A small fee applies to each of the courses to support implementation of the courses. Sports coach UK and Sport England would like to thank County Durham Sport for their support in the delivery of the programme

### How do I apply?

Please fill in the application form at the end of this brochure and return it to

**Karen Johns,**  
**sports coach UK, c/o Northumberland Sport, Netherton Park, Stannington,**  
**Northumberland, NE61 6EF By 02 JULY 2008**

### Who do I make the payment to?

Please send a cheque made payable to '**Durham City Council (Durham Sport)**' along with your application to Karen Johns. If an alternative payment method is required please contact Karen Johns.

Supported by



## Continuous Professional Development Course Information

CPD Title	Details	Outline	Workshop lead	Registration Fee
<b>Club and Coach Development</b>	<p>9<sup>th</sup> July 2008</p> <p>10am – 3pm</p> <p>Sport England NE Office, Durham</p> <p>Review: 03.10.2008</p>	<ul style="list-style-type: none"> <li>▪ 1 Developing Coaches Process</li> <li>▪ 1 Facilitating a Training Needs Analysis</li> <li>▪ 1 Facilitating a Personal Development Plan</li> <li>▪ Conducting a Coach/ Athlete Profile</li> <li>▪ Supporting clubs to ID coaching needs matched to player pathway</li> <li>▪ ID sources of training, guidance, education, resources</li> </ul>	sports coach UK	£5.00 / person
<b>Mentoring</b>	<p>11<sup>th</sup> September 2008</p> <p>10am – 3pm</p> <p>Sport England NE Office, Durham</p> <p>(The session will look at Managing a Mentoring Programme and Acting as a Mentor)</p> <p>Review: 21.11.08</p>	<ul style="list-style-type: none"> <li>▪ Establish a mentoring programme</li> <li>▪ Educate/ support ID mentors</li> <li>▪ Establish effective mentor-mentee relationship</li> <li>▪ Management system for effective mentor-mentee relationship</li> <li>▪ Review mechanism for measuring effectiveness mentor-mentee relationship</li> <li>▪ Conducting a Coach Profile</li> <li>▪ Skill Set/ core skills of a Mentor</li> <li>▪ Role of a mentor</li> <li>▪ How people learn/ how a mentor support this learning</li> <li>▪ Managing the self-reflection, coach profiling and development planning processes</li> </ul>	sports coach UK	£5.00 / person
<b>Observation and Analysis of Coaching</b>	<p>16<sup>th</sup> October 2008</p> <p>10am – 3pm</p> <p>Sport England NE Office, Durham</p> <p>Review: 15.12.2008</p>	<ul style="list-style-type: none"> <li>▪ Select and utilise the appropriate tools for analysing coaching</li> <li>▪ 1 Facilitation skills; Questioning, listening and feedback to support learning</li> <li>▪ Tools for reflection and development</li> <li>▪ Performance profiling</li> <li>▪ Skills of a coach educator</li> <li>▪ Recording accurate information</li> </ul>	sports coach UK	£5.00 / person



## Application Form

<b>First Name</b>			
<b>Surname</b>			
<b>Gender</b>		<b>Date of Birth</b>	
<b>Postal Address</b>			
		<b>Post Code</b>	
<b>Telephone</b>			
<b>Mobile</b>			
<b>Email</b>			
<b>NGB/ Sport</b>			

Course Title	Date	Cost	No of Places Required	Total cost
1. Club and Coach Development	9 <sup>th</sup> July 2008	£5		
2. Mentoring	11 <sup>th</sup> Sept 2008	£5		
3. Performance Analysis	24 <sup>th</sup> Sept 2008	£25		
4. Observation and Analysis	16 <sup>th</sup> Oct 2008	£5		
5. Strength and Conditioning	23 <sup>rd</sup> Oct 2008	£25		
6. Physical Fitness and Movement	13 <sup>th</sup> Nov 2008	£25		
7. Nutrition and Performance	4 <sup>th</sup> Dec 2008	£25		
<b>Total Cost for CPD courses</b>				<b>£ :</b>

Please return completed application form and payment to

**Karen Johns, c/o Northumberland Sport, Netherton Park, Stannington, Northumberland, NE61 6EF**

**By 02 JULY 2008**

The course fee for each workshop is non-refundable unless you inform Karen Johns of your non-attendance giving a minimum of 10 working days notice from the date of the workshop.

