

British Gymnastics Support Guidance for the Community Sports Coach Scheme (CSCS).

Sport	Gymnastics, Model A – FUNdamentals Coach
NGB Deployment focus for the Community Sports Coach linked to the NGB player pathway, relevant development initiatives and reflecting the scheme deployment parameters as detailed in the guidance notes.	<p>Age: Pre -School and KS1 (from 0 - 8 years)</p> <p>Focus:</p> <ul style="list-style-type: none"> • Fun, play, introduction of basic movement – balance, movement, coordination, thinking • Development of movement • Movement combinations • Link to opportunities in other sports • Cross-curricular themes – colour, texture, language, shapes. • Identify and create links to progressive opportunities i.e. BG or other NGB accredited sports club. <p>Where: Sessions to be held at a local school, nursery or play group, community hall, leisure centre</p> <p>Resources: Pre School Awards Proficiency Awards 7-1 TOP cards</p> <p>Partners:</p> <ul style="list-style-type: none"> • County Sports Partnerships (including Local Authority providers, sports development officers) • School Sport Partnerships • Primary Care Trusts • Sure Start • Club Mark accredited clubs
Minimum level of NGB qualification for coaches employed through the Community Sports Coach Scheme	<p>British Gymnastics *Club Coach Award</p> <p>Other – Pre school Club Coach Award</p> <p>*The award should be held in the gymnastics discipline offered by the club/ school/ employing agency.</p> <p>Continuous Professional Development:</p> <p>AOTTs courses, training / Awareness in FUNdamental skills, Healthy Lifestyle i.e. nutrition</p>
Priority Partnership areas	Nationwide
NGB Contact Details	<p>Catrin Devonald, Principal National Development Officer, British Gymnastics, Ford Hall, Lilleshall National Sports Centre, Nr Newport, Shropshire TF10 9NB.</p> <p>Tel: 0845 1297129</p> <p>E Mail: catrin.devonald@british-gymnastics.org</p>

Sport	Gymnastics, Model B – Key Skills Coach
NGB Deployment focus for the Community Sports Coach linked to the NGB player pathway, relevant development initiatives and reflecting the scheme deployment parameters as detailed in the guidance notes.	<p>Age: KS 1 & 2 (5 – 11 years)</p> <p>Focus:</p> <ul style="list-style-type: none"> • Delivery of extra curricular sessions, emphasis on: consolidating movement concepts (balance, coordination, thinking, movement), enhance the development of combinations and sequencing • Complement the work of School Sport Coordinators • Mentor teachers and AOTT's within the SSP to ensure long term sustainability. Provide guidance on progression opportunities i.e. into a Gym club or a.n.other sport. • Link to satellite or accredited BG club. <p>Where: school sites, linked to SSP's</p> <p>Resources: Proficiency Awards 7-1, TOP cards, BSGA competition guidance</p> <p>Partners: Schools</p>
Minimum level of NGB qualification for coaches employed through the Community Sports Coach Scheme	<p>British Gymnastics *Club Coach Award</p> <p>*The award should be held in the gymnastics discipline offered by the club/ school/ employing agency.</p> <p>Continuous Professional Development:</p> <p>AOTTs courses, training / Awareness in FUNdamental skills, Talent ID via World Class Start.</p>
Priority Partnership areas	Nationwide
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Sport	Gymnastics, Model C – Capacity Building Coach
NGB Deployment focus for the Community Sports Coach linked to the NGB player pathway, relevant development initiatives and reflecting the scheme deployment parameters as detailed in the guidance notes.	<p>Age: KS1 to 3 (5 -16 years)</p> <p>Focus:</p> <ul style="list-style-type: none"> • Taking part in Gymnastics Specific Activities • Developing gymnastics and Trampolining specific core skills • Link to satellite or accredited BG club • Learn to train stage of LTAD model <p>Where: club, school, leisure centre / community centres</p> <p>Resources: Proficiency Awards 7-1, Proficiency Awards Bronze, Silver and Gold, National Development Plan (NDP)</p> <p>Partners:</p> <ul style="list-style-type: none"> • Clubs • Schools • CSP's • Facility providers
Minimum level of NGB qualification for coaches employed through the Community Sports Coach Scheme	<p>British Gymnastics *Club Coach Award</p> <p>*The award should be held in the gymnastics discipline offered by the club/ school/ employing agency.</p> <p>Continuous Professional Development:</p> <p>AOTTs courses, training / Awareness in FUNdamental skills, Talent ID via World Class Start, Mentoring by a Senior Club Coach.</p>
Priority Partnership areas	Priorities to be identified by BG Regional Development Officers - to fill gaps where limited or no community gymnastics opportunities exist at present. RDO's will identify need based on existing pathway or gaps in pathways within a locality.
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Sport	Gymnastics, Model D – Talent ID Coach
NGB Deployment focus for the Community Sports Coach linked to the NGB player pathway, relevant development initiatives and reflecting the scheme deployment parameters as detailed in the guidance notes.	<p>Age: 6 – 10 years (dependent on discipline)</p> <p>Focus:</p> <ul style="list-style-type: none"> • Identify and develop potential gymnastic talent from within schools and community gymnastic opportunities. • Link to satellite or accredited BG club. • Learn to train stage of LTAD model. Gymnastics as an early specialisation sport requires young people to become disciplined in training for the sport regularly from an early age. The talent ID coach role will ensure that the potential talent is nurtured by providing access to disciplined, regular training opportunities for young people. • Mentor key skills coaches <p>Where: Gymnastics Club, Talent ID in Schools, some sessions at a Gymnastics High performance centre</p> <p>Resources: NDP, Talent ID testing,</p> <p>Partners: World Class Start High Performance Gymnastics Centres Gymnastic Performance Centres</p>
Minimum level of NGB qualification for coaches employed through the Community Sports Coach Scheme	<p>British Gymnastics *Senior Club Coach Award</p> <p>*The award should be held in the gymnastics discipline offered by the club/ school/employing agency.</p> <p>Continuous Professional Development: AOTTs courses, training / awareness in FUNdamental skills, Talent ID via World Class Start. Mentored by High performance Coach</p>
Priority Partnership areas	<p>BG Performance Clubs:</p> <p>Priority 1: Bracknell Huntingdon Liverpool Spelthorne South Essex Poole Durham Manchester Leeds Lilleshall Wakefield</p> <p>Priority 2: Brentwood, Northampton, Heathrow, London, Gateshead, St Helens, Milton Keynes, Portsmouth, Southampton, Wiltshire, Bristol, Bath, Plymouth, Coventry.</p> <p>NB as more gymnastics clubs aspire to reach the performance end of the sport, more areas will become a priority for the Talent ID coach.</p>
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Notes:

- British Gymnastics is the Governing Body responsible for the Gymnastic disciplines of: Women's Artistic, Men's Artistic, Rhythmic, Trampoline, Sports Acrobatics, Sports Aerobics, Disabilities and General gymnastics the above models can be used with any of the gymnastic disciplines.
- Although 4 models are listed in isolation it is envisaged that any given Community Sports Coach could assume more than one of the models within 1 role, dependent on the needs of the locality.
- The Talent ID Coach is integral to the other 3 models and should be used to complement and enhance existing activities, i.e. in areas where a complete pathway from recreational gymnastics to high performance is in place..
- The work of all CSCS gymnastics coaches should aim to add value to work being carried out in linking schools with clubs via the GymMark and PESSCL programmes.