

## NGB Support Guidance for the Community Sports Coach Scheme

Sport	Cycling
<p><b>NGB deployment focus for the Community Sports Coaches linked to the NGB player pathway and relevant development initiatives.</b></p>	<p>The aim of British Cycling's Go-Ride club development programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure. Go-Ride offers a partnership between British Cycling, schools, clubs, local authorities, voluntary organisations and commercial operators throughout England and includes a programme of coaching activities delivered in a safe environment. The delivery is focussed on the “FUNdamentals” and “Learning to Train” stages of British Cycling’s Ideal Athlete Progression Pathway.</p> <p><b><u>FUNdamentals</u></b></p> <p>6 – 12 year olds taking part in generic bike handling skills sessions delivered at a traffic free facility using any bike. The sessions use British Cycling “Go-Ride” Gears 1 and 2 methodology / resources, which include a variety of fun games and activities. The resources also cover transport and health issues and integrate IT and Maths through a skills test where the results are web-based.</p> <p><b><u>Learning to Train</u></b></p> <p>12 – 18 year olds taking part in multi-discipline cycling skills sessions at a traffic free facility through to discipline specific coaching delivered at cycling specific facilities. The sessions use British Cycling “Go-Ride” Gears 3 and 4 methodology / resources and include Stage 1 of the Talent Team Tests where the results are also web-based.</p> <p><b><u>Young People, Clubs and Volunteers</u></b></p> <p>British Cycling Regional Coaching and Club Development Officers create links between schools and youth groups and established Go-Ride Clubs (which are aligned to Sport England's Clubmark programme) to encourage children to build upon their cycling experience. The Community Sports Coaches should aim to add value to the work of the Regional Coaching and Club Development Officers together with the work of the existing network of voluntary coaches currently operating in clubs and schools.</p> <p>It is critical to the progress of British Cycling to develop a sport which is facilities based, coaching led and team focussed. Therefore the priority for British Cycling will be to deploy Community Sports Coaches at key facilities throughout England. Delivery will be focussed on the key facilities and the clubs based at these facilities together with</p>

clusters of surrounding schools.

Successful implementation will result in a greater number of higher quality coaching sessions delivered to more young people. The Community Sports Coaches will act as the focal point for the network of voluntary coaches who are currently coaching in clubs and schools. The Community Sports Coaches can also mentor newly qualified coaches to enhance coaching opportunities and maximise coaching effectiveness in their respective areas.

**Minimum level of NGB coaching qualification for coaches employed through the Community Sports Coach Scheme.**

The British Cycling Activity Coach Award (Level 2).  
 The Award includes the scUK Good Practice and Child Protection workshop and British Cycling's Including Everyone: Cycling Equity home study module. The scUK Working With Disabled Sportspeople workshop is included as an optional module.

British Cycling has a Coach Licensing Scheme that requires all qualified coaches to retain annual membership and hold a valid First Aid certificate. From 2005 a mandatory continual professional development (CPD) programme will be developed and introduced in order for coaches to retain their licence.

**NGB Priority Partnership areas**

British Cycling's priority areas are based around facilities and club/school clusters.

<u>British Cycling Regions</u>	<u>County Sports Partnership</u>	<u>Facilities</u>
East & South East	Buckinghamshire & Milton Keynes	Milton Keynes Bowl (Road Circuit), Milton Keynes
East & South East	Hertfordshire	Gosling Sports Park (Track), Welwyn
East & South East	Kent	New facility development (multi-discipline), Dover
East & South East	Kent	Penshurst Off Road Club (MTB), Kent
East & South East	London	Herne Hill Stadium (Track), London
East & South East	London	Lee Valley Cycle Circuit (Road Circuit), London
East & South East	Suffolk	New facility development (multi-discipline), Ipswich

	East & South East	Sussex	Hove Park (Road Circuit)/Preston Park (Track), Brighton
	Midlands	Black Country	Aldersley Stadium (Track), Wolverhampton
	Midlands	Black Country	Manor Abbey Stadium (Track), Halesowen
	Midlands	Leicestershire	Leicester Outdoor Pursuits Centre (MTB)/Leicester Cycle Speedway, Leicester
	Midlands	Lincolnshire	Yarborough Leisure Centre (Road Circuit), Lincoln
	Midlands	Nottinghamshire	Mansfield BMX, Mansfield
	Midlands	Nottinghamshire	Mansfield Track/Sherwood Pines (MTB), Mansfield
	Midlands	Nottinghamshire	New facility development (multi-discipline), Nottingham
	Midlands	Staffordshire	Curborough Race Circuit (Road Circuit)/Cannock Chase (MTB), Lichfield
	North West	Cheshire	Cheadle BMX, Cheadle
	North West	Cheshire	Crewe BMX, Crewe
	North West	Cumbria	New facility development (Road Circuit) Carlisle
	North West	Gtr Manchester	Astley & Tyldesley Cycle Speedway, Tyldesley
	North West	Gtr Manchester	National Cycling Centre (Track), Manchester
	North West	Lancashire	Preston Arena (Road Circuit), Preston
	North West	Lancashire	Salt Ayre Sports Centre (Road Circuit), Lancaster
	North West	Merseyside	New facility development (Road Circuit), Kirkby
	North West	Staffordshire	Newcastle Track, Newcastle-Under-Lyme
	South & South West	Berkshire	Palmer Park (Track), Reading
	South & South West	Buckinghamshire & Milton Keynes	Aston Hill (MTB), Aylesbury

	South & South West	Devon	Tiverton BMX/Exeter BMX/Newton Abbot BMX
	South & South West	Dorset	Winton Track, Bournemouth
	South & South West	Hampshire & IOW	Calshot Activities Centre (Track), Southampton
	South & South West	Hampshire & IOW	Mountbatten Centre (Track), Portsmouth
	South & South West	London	Hillingdon Cycle Circuit (Road Circuit), Hillingdon/Hayes BMX/Slough BMX
	South & South West	Sports West	Hengrove Park (Road Circuit), Bristol
	Yorkshire & North East	Humberside	Quibell Park Stadium (Track), Scunthorpe
	Yorkshire & North East	South Yorkshire	New facility development (multi-discipline - Hesley Wood), Sheffield
	Yorkshire & North East	Teeside	Clairville Stadium (Track), Middlesbrough
	Yorkshire & North East	Teeside	Summerhill Centre (Off Road/BMX), Hartlepool
	Yorkshire & North East	Tyne and Wear	Hetton Lyons Park (Road Circuit), Sunderland
	Yorkshire & North East	Tyne and Wear	Whickham Thorns Outdoor Activity Centre (MTB/BMX), Newcastle
	Yorkshire & North East	West Yorkshire	New facility development (multi-discipline)/Yeadon BMX Track/Roundhay Park Grass Track, Leeds
	Yorkshire & North East	West Yorkshire	Richard Dunn Centre (Road Circuit), Bradford
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